# Barbados Secondary School Survey 2013

Research Department National Council on Substance Abuse 11/19/2014

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## **Executive Summary**

This report contains results from the 2013 survey of 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> form students enrolled in secondary schools across Barbados. A total of 1339 students from 18 secondary schools (15 public, 3 private) participated in the survey. These students completed an 89-item selfadministered questionnaire which requested information regarding their: demographic profile, use of tobacco, alcohol and other drugs, perceptions of harm associated with drug use, attitudes towards illegal drugs use and access to drugs.

Throughout the report, the following terms have been used to describe the use of various substances by the students:

Lifetime use: Proportion of students who have ever used the substance

One-year: Proportion of students who used the substance in the past year

*One-month:* Proportion of students who used the substance in the past month (also referred to as current use)

#### **Most Commonly Used Substances**

The substances most commonly used by secondary school students were found to be: alcohol, marijuana, inhalants and tobacco respectively.

## Alcohol

Approximately three-quarters (71.2%) of all students have used alcohol at some point in their lifetime. The one-year prevalence for alcohol use was 56.3% while the one-month prevalence rate was 32.8%. Lifetime and one-year prevalence of alcohol use was found to be slightly higher among female students. Alternately, the one-month prevalence rate was marginally higher among male students.

## Marijuana

Twenty-two percent (22.0%) of all students reported using marijuana at least once in their life. The one-year prevalence rate for marijuana use was found to be 16.9% while the one-month prevalence rate was 11.0%. Marijuana use was greater among males than females (lifetime, one-year, one-month prevalence); and each of the prevalence rates (lifetime, one-year, one-month) increased as student age increased. The mean age at which students reported first using marijuana was 13.5 years.

Just over half (58.4%) of all students considered smoking marijuana sometimes to be harmful to one's health while approximately three-quarters (75.5%) believed the frequent use of the drug to be harmful. "Other social events" (26.3%), the home (23.9%) and the block (18.0%) were the top three locations at which students reported typically smoke marijuana. Friends (56.8%) were the most common source from which marijuana is obtained followed by the street pusher (17.8%) and "other" unidentified sources (11.4%).

#### Inhalants

Approximately one-fifth (20.3%) of all students reported using inhalants during their life. The one-year and one-month prevalence rates were 9.7% and 7.0% respectively. More females (22.6%) than males (18.6%) reported lifetime inhalant use. Lifetime inhalant use tended to increase as grade level increased up to 5<sup>th</sup> form, following which it declined. The one-year incidence rate was 10.6% while the one-month incidence rate was 6.2%. The mean age at which students reported first using inhalants was 9.62 years.

## **Cigarettes**

Just under one-fifth of all students tried cigarettes at some point in their lifetime (18.1%). The one-year prevalence rate was 6.8% while the one-month prevalence rate was 3.0%. The prevalence of cigarette smoking (lifetime, one-year, one-month) among male students was higher than that among female students.

## Access to Drugs

Forty-six point six percent (46.6%) of students stated that it would be easy for them to obtain marijuana. In contrast, very few students stated that it would be easy for them to obtain cocaine (12.3%) or crack (10.4%). With respect to drug offers, the majority of students (60.8%) stated that they have never been offered marijuana. Similarly, almost all students have never been offered cocaine (93.3%), crack (95.4%), ecstasy (92.6%), heroin (94.4%) or LSD (96.4%).

## **Drugs in the School Environment**

Approximately 6 out of every 10 students (60.5%) were of the opinion that drugs are present at school. Similarly, two-thirds (67.6%) believed that there are students who bring, try or deal drugs on the school compound. Just under two-thirds of students (65.3%) believed that there are drugs in the area surrounding or next to their school. Approximately half (53.8%) of all students believed that there are students who try, buy or deal drugs in the area surrounding their school or just outside of the school itself. Despite their opinions, only one-third of students (31.3%) have personally seen a student selling or giving drugs to another individual at or near their school while 41.0% have seen another student using drugs at or near their school.

#### **Curiosity about Illegal Drugs**

More than half (54.0%) of all students indicated that they have never been curious about trying an illegal drug, while 37.3% stated that they have in fact been curious. Similarly, 61.2% of all students indicated that they would not use an illicit drug if given the opportunity.

#### **Parental Involvement & School Experience**

Overall, students whose parents were more greatly involved in their daily lives reported lower levels of substance use. Students who had better student-teacher relationships also reported lower levels of substance use. Higher levels of substance use were generally found among students who were absent and/or skipped school frequently. Prevalence rates (lifetime, one-year, one-month) increased as the reported likelihood of students finishing secondary school and going to university decreased.

## **Comparisons to 2006 Findings**

Alcohol, tobacco, marijuana and inhalants were the primary substances consumed by students in 2013 and 2006. Similar lifetime prevalence rates for alcohol, tobacco and inhalants were reported for these students in 2013 and 2006. In this regard, the lifetime prevalence of alcohol in 2013 was 72.4% whereas; in 2006 74.7% of students drank alcohol for the first time. In 2006, 21.3% of students smoked cigarettes for the first time, while in 2006, 21. %, of students, smoked this substance. The lifetime prevalence for students using inhalants in 2006 was 19.7%, whereas 18.6% of students consumed inhalants in 2013. However, more noticeable, was the increased consumption of marijuana by these students. More specifically, there was a 10% increase in the first time consumption of marijuana in 2013 over the first time use of this substance reported in 2006.

The one-year and one-month prevalence rates were also similar for alcohol, tobacco and inhalants in 2006 and 2013. With respect to marijuana consumption, the 2013 one-year prevalence rate was approximately 6% higher than that observed in 2006 while the one- month prevalence rate was 5% higher in 2013. The one-year incidence rates for alcohol, tobacco, marijuana and inhalants were also similar in 2006 and 2013. However, the one-year incidence of marijuana consumption in 2013 represented the largest observed difference of 5.9% over the one- year incidence of marijuana reported in 2006.

#### **Recommendations**

1. There is a need for further investigation and monitoring of drug use and vulnerability factors among young people who may be at significantly greater risk of developing

chronic drug problems. Drug prevention strategies focusing on reducing vulnerability among adolescents should include:

- Selective interventions aimed at improved academic performance and reduced drug involvement among high school students whose poor academic records and behavioral problems indicate they are at high risk of dropping out of school and abusing drugs.
- Interventions that focus on the social environment in which adolescents live. For example, curiosity does not stand in isolation, and may suggest adolescents' wide exposure to illicit drugs within the home or other social environments as well as easy access to drugs once they become addicted.
- A focus on changing parenting behaviours or parental modelling to prevent adolescents' drug use.
- Efforts to promote the development of positive student-teacher relationships.
- 2. Under the current Liquor Licensing Act (1957), young people of any age can purchase alcohol. A continued policy of restricting alcohol use to adolescents should be supported. This can be achieved through increasing the price of alcohol, thereby increasing the resources necessary to obtain it or the potential costs for possessing or consuming it. In addition, consideration should be given to instituting a minimum purchasing and legal drinking age as well as the training of alcoholic beverage servers to detect underage drinking, and to deter binge drinking.
- 3. The use of illicit drugs on the school compound presents challenges for school officials, law enforcement and drug prevention professionals. As such, principals and teachers should be become acquainted with the Barbados Education Act (2002). Section 64 A (3) of this Act outlines the procedures for dealing with students who have in their possession any intoxicating liquor or controlled drug within the meaning of section 3 of the Drug Abuse (Prevention and Control) Act, 1991. In addition, attempts to foster collaborative relations between community leaders, law enforcement and school officials should be encouraged. Such a collaborative approach should focus on the reporting of legal and illegal drug use by adolescents in the community and school settings.

## 1. Introduction

Adolescents' misuse of drugs and alcohol has been recognized as a public health problem and is associated with the three leading causes of death during this developmental period, namely suicide, homicide and accidents (U.S. Department of Health and Human Services, 2007). Adolescent substance use is also associated with engaging in delinquent and criminal activity, poor school performance and retention, early and unplanned pregnancy, and various mental health problems (Chasin, Hussong & Beltran, 2009). Moreover, the use of substances before age 14 may increase the likelihood of having an adult alcohol and drug use disorder by as much as 35% (Grant & Dawson, 1997). This reality is all the more worrisome because the early onset of drug problems has been associated with increased risk of continued use in adulthood (Flanzer, 2005).

Although not all adolescents who use alcohol or drugs will go on to have long-term problems, the significant risks associated with alcohol and other drug use during this developmental period warrants early intervention. According to the National Institute of Drug Abuse (NIDA) (2008), there are four main reasons why people misuse substances: to feel good, to feel better, to do better, and out of curiosity or because others are doing it. Research in developed countries has identified four major motivations for substance use in adolescents: conforming to norms, individuating identity, escaping or coping with stress and depression, and selfmanagement and regulation, with conformity being the most common reason for drug use in young people (Toumbourou, Stockwell, Neighbors, Marlott, Sturge & Rhem, 2007). However, it is important to note that these findings are often based on retrospective, self-reported information which itself can be influenced by the research methodologies employed, more specifically, the way the respondents are asked about their drug-taking behaviors and the persons who administer the questionnaire (Lijun et al., 2009). In addition, the social desirability bias is another potential factor which can influence such findings (Lijun et al., 2009). As such, it is possible that self-reported information may not necessarily reflect real reasons for initiating drug use (Lijun et al., 2009).

Surveys conducted by the National Council on Substance Abuse reveal that substance use actually begins prior to adolescence among students in Barbados. In this regard, just about half of primary school students (ages 9-11years) reportedly used alcohol while 4.8% reported marijuana use (NCSA, 2010). Kandel et al.'s (1992) 20 year cohort study on the stages of drug use found that the early use of tobacco and alcohol is the strongest predictor of an individual's progression to the use of marijuana and other illicit drugs. In this regard, Kandel et al. (1992) concludes that early intervention to delay the onset of tobacco and alcohol use should constitute our principal approach to drug use prevention.

#### **Factors Related to Adolescent Substance Use**

Not only can predictors, and perhaps precursors, of substance use be identified in early childhood, but also the potential influences on opportunities to use drugs (Bronfenbrenner & Morris, 1998). In fact, adolescents' use and opportunity to use substances have been linked to three major contexts: the family, peers, and their neighborhood.

Hearst, Fulkerson, Maldonado-Molina, Perry and Komro (2007), using a large sample of adolescents, investigated where youth obtained alcohol. They found that during sixth grade (equivalent to class 4 at primary school in Barbados) parents were the most prevalent source of alcohol. By eighth grade (equivalent to second form at secondary school in Barbados) the percentage of youth obtaining alcohol from parents decreased and the percentage of youth obtaining alcohol from commercial sources (bars, liquor stores, gas station), adults, underage individuals, and taking alcohol from home increased. These findings also highlight the relative importance of the three major contexts and the way their level of importance changes as youth age (Milam, Furr-Hoden, Bradshaw, Webster, Colley-Strickland & Leaf, 2013).

Although youth are most likely to obtain alcohol from social sources, such as their peers or parents, the neighbourhoods within which individuals (and the social sources) are nested differ and therefore opportunities to obtain alcohol may vary among neighborhoods. These environmental/contextual effects can occur directly, through the presence of commercial sources like alcohol outlets, or indirectly through social sources, for example adults who are more likely to consume alcohol in neighborhoods with high alcohol density (Milam et al., 2013)

Several authors have showed an association between inadequate parenting practices and the risk of substance abuse during adolescence (Broman, Reckase & Fredman-Doan, 2006; Choquet et al., 2008). Two categories of parenting practices have been associated with drug use during adolescence, namely parental monitoring and parental warmth (Bertrand, Richer, Brunelle, Beaudoin, Lemieux and Menard, 2013). Parental monitoring refers to a parent's knowledge of his or her child's activities, associations, and whereabouts to ensure that the child's behavior is

not harmful to his or her development and safety. Inadequate and poor parental monitoring has been associated with both elevated levels of substance consumption (McVie & Holmes, 2005) and poorer prognoses regarding treatment outcomes (Clark, Thatcher & Maisto, 2005). Similarly, a marked decline in parental monitoring also has also been found to have an influence on adolescents' increased alcohol use (Luyckx et al., 2011). To be adequately informed of their child's whereabouts, parents can rely on various sources of information. These include: parental control or parental solicitation, such as asking their child for information, and child self-disclosure, for example, the child confiding in the parent, revealing information about his or her activities, interests, and or behaviors.

A strong parent-child relationship is also an important protective factor for preventing substance abuse problems during adolescence, as well as in young adults (Kumpfer & Alvarado, 2003). A positive and protective relationship is characterized by a high degree of parental warmth such as a show of interest in the child's activities and friends, an expression of enthusiasm for and pride in the child's accomplishments, and a demonstration of affection and love (Amato, 1990). Similarly, mutual attachment between mothers and their adolescents reduces the risk of drug use during adolescence as well young adulthood (Brook, Whiteman, Finch & Cohen, 2000).

## **Current Survey in the Context of the Existing Literature**

The current survey is based on the premise that certain socialization experiences predispose some children to the early use of alcohol and tobacco and other illicit drugs. Identifying the prevalence of such predisposing variables may facilitate efforts to develop early interventionintervention strategies for substance use prevention (Jackson, Henriksen, Dickinson & Levine, 1997).

## 2. Methodology

#### **Sample Selection**

A sample frame, that is, a list of all students who have a known (non-zero) probability of being included in the sample, was developed. This sample frame was based on data received from each of the secondary schools across Barbados which responded to NCSA's request for information. More specifically, it consisted of the number of classes and the number of students in each class for each of the target form levels (2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>) at 22 public and 5 private schools. As such, the sample frame consisted of approximately 13, 000 students between the ages of 11 and 17 years who formed the target population for the survey.

Once the sample frame was developed, steps were taken to select the final sample. A stratified, two-stage probability sampling technique was employed whereby schools were selected at the first stage and students were selected at the second stage of sampling. During the first stage, a sample of eighteen (18) secondary schools (15 public, 3 private) was drawn from the population of 31 secondary schools in Barbados. At the second stage, a sample of 1339 students was selected.

#### **Sample Size**

As was mentioned above, the final sample consisted of 1339 students. However, the intended sample for the survey was 1464 students. The difference of 125 students was due to the absence of some persons on the day during which the questionnaires were distributed at their school as well as the lack of parental consent in some instances.

It should be noted that the selection of the sample size for a study depends on the precision estimates desired<sup>1</sup> which, in general, are not related to the size of the target population (Teddlie & Tashakori, 2009). As such, regardless of the population size, a correctly drawn sample of 341 will ensure confidence that the sample reflects the wider population within +1-5% (Teddlie & Tashakori, 2009).

<sup>&</sup>lt;sup>1</sup> The greater the number of schools sampled at the first stage, the greater the precision of estimates will become.

## Questionnaire

A self-administered questionnaire consisting of 20 pages and 89 items served as the data collection instrument for the survey. Items throughout the questionnaire related to tobacco smoking, alcohol consumption and the use of various illicit substances. More specifically, the items asked students to indicate their consumption of these substances during their lifetime, the past year and the past month. In addition to tobacco and alcohol, the other substances included within the questionnaire were: tranquilizers (non-medical), stimulants, marijuana, opiates (non-medical), ecstasy, hallucinogens, cocaine and inhalants.

It should be noted that the questionnaire also included items which covered various demographic indicators, the frequency of drug use, the social context of drug use, the perception of harm associated with various levels of substance use, attitudes towards illicit drug use (curiosity and opportunity to use) and the ease of obtaining drugs. In addition, there were also items which requested information regarding the parent-child relationship as well as students' experiences within the school environment.

With regards to the parent-child relationship, there were a number of items which together formed what is referred to as an index of parental involvement. These items covered areas such as: parents' knowledge of students' whereabouts outside of school hours, parents' familiarity with students' close friends, parents' knowledge of what students are doing at school, parents' knowledge of television programmes watched by students and the number of meals parents and students eat together each week. The responses to each item have an assigned score, which allowed an overall parental involvement score to be calculated for each student. Possible scores ranged from 0 to 7 with lower scores representing lower levels of parental involvement and higher scores, higher levels of involvement.

There were skip patterns throughout the questionnaire which enabled students to answer only those questions which were of relevance to them based on their prior substance use.

## **Survey Administration**

Prior to the conduct of the survey, a number of administrative duties were carried out. Firstly, permission to carry out the survey was sought and received from the Ministry of Education. Following this, the principals at each of the secondary schools across Barbados were notified about the upcoming survey and requests were made for the necessary sample frame data. Once this data was received, it was forwarded to OAS/CICAD, the agency responsible for the selection of the schools to be included in the final sample. OAS/CICAD also identified the number of students to be selected from each of the target forms at the identified schools.

It should be noted that prior to the official data collection, the questionnaire was pilot tested among the 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> formers at one public secondary school in an effort to ensure the clarity of the items and instructions therein. The pilot test also allowed for the NCSA Research Department to estimate the length of time students would need to complete the questionnaire during the official data collection period. Overall, students reported only minor issues with the instrument and these were taken into account when the questionnaire was finalized.

Once the information regarding the final sample was received from OAS/CICAD, the principals at the selected schools were notified and appointments were made to facilitate the administration of the survey. Supervisors and Interviewers went to their assigned schools on the specified dates and administered the questionnaires to the selected students. The questionnaire administration took place during the month of November 2013; and students were selected by the schools' Guidance Counsellors prior to the supervisors and interviewers arriving at each school. To do this, the Guidance Counsellors were informed of the number of students needed from each form at their respective schools.

Given the nature of the survey and the age of the sample, it was first necessary to obtain parental consent for students to participate. This was sought and obtained prior to the field personnel arriving at the schools. In some instances, principals provided this consent given their ability to act *in loco parentis* during school hours.

On the day of the survey, the field personnel informed students about the nature of the study and told them that their participation was voluntary and anonymous. Students were also assured that any information which they provided would be kept confidential and used only for the purposes of the current survey. Once they agreed to participate, the questionnaires were distributed and students were provided with instructions which detailed how to correctly complete the instrument. The questionnaire took approximately 1 hour to complete and the interviewers and supervisors remained present during this time in the event that there were any queries or requests for clarification regarding any of the items. Completed questionnaires were placed in a brown envelope which was sealed and returned to the NCSA by the supervisors.

#### **Data Entry and Verification of Data**

Once the data collection process was complete, data entry began. Data entry began during December 2013 and was carried out by Caribbean Development Research Services (CADRES); a regional research organization based in Barbados. Microsoft Excel was the preferred software

used in this project and, as such, an Excel database spreadsheet was provided by OAS/CICAD to facilitate data entry. In this instance, a double data entry process was employed whereby data was entered into the database by one person and then re-entered into a "verification area" by another individual. This allowed for the identification of any errors in the initial data entry. The data entry and validation was completed in January, 2014. Once the completed database was received by the NCSA, it was submitted to OAS/CICAD for analysis.

## **Data Analysis**

To ensure that disproportionate sampling of any school type, grade level or sex grouping did not bias the prevalence estimates, the data was weighted so as to bring the achieved sample into line with the population distribution. The prevalence estimates and other findings reported in this document are based on the weighted data that was calculated taking into account the sample frame numbers and the samples that were taken. Given the use of 95 percent confidence intervals, it can be said that the prevalence estimates reported here are within 95 percent (or better) of the true population values. Despite the fact that the general results are based on weighted data, the description of the demographic indicators is a reflection of the actual sample used. This allows the reader to gain some perspective on the students who actually participated in the survey. Descriptive statistics (percentages, means, median) form the primary basis of the results calculated and the findings presented within this report.

## **Definitions of Terms**

Throughout the report certain terms have been used to describe the prevalence of substance use. These definitions are:

- Lifetime Proportion of students who have ever used the substance
- One-Year Proportion of students who used the substance in the past year (also referred to as annual prevalence)
- Current Proportion of students who used the substance in the previous month (also referred to as one-month prevalence)

## **Definitions of Substances**

The drug categories used in this report are identical to the categories used in the questionnaire and follow the descriptions and examples provided to students in the questionnaire.

## 3. Results

## **Participant Demographics**

#### Age and Gender

From Table 1 it can be seen that of the 1339 students who participated in the survey, 40.0% were males and 58.2% were females. No gender-related data was available for 3.8% of the participants. With regards to age, Table 1 reveals that there were near equal amounts of participants in the under 15 (38.5%) and 15 to 16 (38.6%) age groups. A much smaller proportion of the participants were age 17 and over (17.0%). No age-related data was available for 5.9% of the sample.

#### School Type and Grade Level

Most of the participants attended public, co-educational schools (See Table 1). However, a small proportion of the participants were drawn from private (0.5%), single sex schools (all male: 0.1%; all female: 7.4%).

With regards to grade level, there was a near even distribution of 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> form participants (See Table 1). However, there was a considerably smaller number of 6<sup>th</sup> form participants (See Table 1).

Indicator	Percentage	Indicator	Percentage
Gender		School Type	
Male	40.0%	Public	99.5%
Female	56.2%	Private	0.5%
No data	3.8%		
		All male	0.1%
		All female	7.4%
Age Group		Mixed	91.1%
<15 years	38.5%	No data	1.4%
15-16 years	38.6%		
17+ years	17.0%		
No data	5.9%		
Grade Level			
2nd Form	23.5%		
4th Form	29.5%		
5th Form	29.8%		
6th Form	17.2%		

#### Table 1: Demographic Distribution of Sample – Age, Gender, School Type and Grade Level

#### Living Arrangements

When asked to indicate the person with whom they live, most students revealed that they live with their mother (84.7%). This was followed by those who indicated that they live with their brother/sister (45.4%) and those who live with their father (41.8%). Less common responses included: "other relative", "stepmother", "stepfather", "guardian", "spouse", "girlfriend/boyfriend", "guardian", "friend", "alone" and "other" (See Table 2).

Person with Whom Student	Percentage
Lives	
Father	41.8%
Mother	84.7%
Brother &/or sister	45.4%
Stepmother	2.2%
Stepfather	8.5%
Wife/husband	1.9%
Girlfriend/boyfriend	1.1%
Guardian(s)	7.1%
Other relative	15.0%
Friend	0.7%
Alone	0.5%
Other	2.9%

#### **Table 2: Living Arrangements**

#### Parents' Marital Status

When asked about their parents' marital status, most students indicated that their parents were either: married (31.1%), single (30.0%) or separated (15.1%).

#### Table 3: Parents' Marital Status

Marital Status	Percentage
Single	31.6%
Married	32.8%
Divorced	6.7%
Separated	15.9%
Widow(er)	1.5%
Living together/common law	7.4%
Other	4.1%

#### Student Employment

Students were asked if they work in addition to attending school. Only a small proportion (12.9%) indicated that they are gainfully employed while the majority (87.1%) stated that they do not work. Of those students who are employed, approximately three-quarters (77%) work for 10 hours or less per week (See Table 4).

#### Table 4: Hours Worked per Week

Hours	Percentage
1-5 hours	41.7%
6-10 hours	35.3%
11-15 hours	10.2%
16+ hours	12.8%

## **School Experience**

#### Happiness when Going to School

Students were asked about their level of happiness when going to school. More than half (56.8%) of all students reported being either "very happy" or "fairly happy" while going school (See Table 5). In contrast, very few stated that there were "unhappy" (4.3%) or "very unhappy" (5.7%) when going to school. Approximately one-third (33.2%) of students revealed that they are neither happy nor unhappy while going to school.

Level of Happiness	Percentage
Very Happy	18.9%
Fairly Happy	37.9%
Neither Happy nor Unhappy	33.2%
Unhappy	4.3%
Very Unhappy	5.7%

#### Table 5: Level of Happiness when Going to School

#### Sense of Belonging at School

Approximately three-quarters (72.4%) of respondents indicated having a sense of belonging at school. The remaining 27.6% stated that they did not possess such a feeling of belonging.

#### Quality of Relationship with Teachers

Just under one-half (45.4%) of the students indicated that they have a "very good" or "good relationship with their teachers (See Table 6). A similar proportion (46.3%) reported having an "average" relationship with their teachers while only a small number of students classified their relationships as "bad" (3.6%) or "very bad" (4.7%).

Quality Level	Percentage
Very good	14.7%
Good	30.7%
Average	46.3%
Bad	3.6%
Very bad	4.7%

Table 6: Quality of Relationship with Teachers

## **Repeated School Years**

When asked whether they had every repeated a form or grade level, 83.8% of students stated that they had never done so. Alternately, 13.1% revealed that they had repeated one form level while 3.1% had repeated two or more levels.

## **Behavioural or Disciplinary Problems**

The vast majority of students (72%) have had behavioural and/or disciplinary problems (e.g. detention, suspension, corporal punishment, being sent to the Principal's office) at some point during their educational career (See Table 7). In fact, almost half (44.4%) of the students indicated that they have had such problems "a few times". Just over one-quarter (27.9%) indicated that they have never had any behavioural or disciplinary problems during their school years.

Frequency	Percentage
Never	27.9%
Once	19.9%
A few times	44.4%
Often	7.7%

#### Table 7: Behavioural and/or Disciplinary Problems during School Years

#### How Often Absent in Past Year

When asked how many days they were absent from school in the past year, approximately half of all students (54.0%) indicated that they had been absent for less than 5 days during the stated period. Just over one quarter (28.1%) reported being absent between 5 and 10 days while 10.3% were absent between 11 and 20 days. Very few students were absent from school for more than 20 days (See Table 8).

#### Table 8: Number of Days absent from School in Past Year

Number of Days	Percentage
Less than 5 days	54.0%
Between 5 and 10 days	28.1%
Between 11 and 20 days	10.3%
Between 21 and 30 days	2.7%
More than 30 days	4.9%

#### How Often Skipped School in Past Year

When asked how often they skipped school without permission for an entire day or part thereof in the past year, almost all students (89.3%) indicated that they had never done so. Alternately, 9.1% stated that they had skipped school "a few times" while very few reported skipping school "several times" (0.8%) or "often" (0.8%).

## Likelihood of Finishing Secondary School and Going to University

Students were asked to indicate the likelihood of their finishing secondary school. Most believed their finishing school to be either "very likely" (75.9%) or "likely" (17.4%). Alternately,

very few students were of the opinion that their finishing school was either "not very likely" (1.9%) or "impossible" (0.5%). Only a small number of persons indicated that they "did not know" (4.3%) if they would finish school.

With regards to pursuing university education, nearly three-quarters (78.8%) of the students stated that they thought it "very likely" or "likely" that they would attend university (See Table 9). Only a small proportion thought it "not very likely" (8.0%) or "impossible" (1.7%) (See Table 9).

Likelihood	Percentage
Very likely	45.1%
Likely	33.7%
Not very likely	8.0%
Impossible	1.7%
Don't Know	11.6%

#### **Table 9: Likelihood of Attending University**

## **Parental Involvement in Student Lives**

Participants were asked a number of questions which were used to gauge the level of parental involvement in various aspects of their lives. Items asked about actual interactions between the students and their parents as well as students' perceptions of, or assumptions about, their parents' knowledge and/or behavior. Based on the students' responses to the individual items, a parental involvement score was calculated for each student. Possible scores ranged from 0 to 7, with lower scores indicating lower levels of parental involvement and higher scores being indicative of higher levels of involvement. Table 10 below shows the distribution of the parental involvement scores for the sample.

Parental Involvement Score	Percentage
0	3.4%
1	6.4%
2	14.2%
3	17.4%
4	21.0%
5	17.8%
6	12.7%
7	7.0%

#### **Table 10: Distribution of Parental Involvement Scores**

From Table 10 above, it can be seen that most students (75.9%) had a parental involvement score of 3 or more while more than half (58.5%) had a score of 4 or more. This suggests that there were moderate to high levels of parental involvement among most students.

## Drug and Alcohol Use by Family Members and Friends

In addition to being asked about their own substance use, the students were also asked a number of questions about their friends' and family members' drug use. It is recommended that the findings within this section be interpreted with caution as they are based on the students' perceptions and/or opinions of others' behaviour.

#### Parental Use of Illegal Drugs when Young

Firstly, students were asked to indicate if they believed that either of their parents used any illegal drug when they were young. Approximately one quarter (24.5%) of respondents indicated that they believed that at least one of their parents had used an illegal drug during their youth. Alternately 39.3% stated that they did not believe that their parents had used illegal drugs when they were young while 36.2% stated that they did not know.

#### Parental Use of Cigarettes

Students were asked whether any one of their parents smoke at least one cigarette per day. The majority of students (81.0%) indicated that neither of their parents smoke on a daily basis. Of the remaining students, 15.2% stated that only their father smokes at least one cigarette per day while 2.1% stated that only their mothers were daily smokers. A small proportion (1.7%) revealed that both of the parents smoke cigarettes daily.

#### Parental Use of Alcohol

When asked about their parents' use of alcohol, students were instructed to consider their father's and mother's drinking habits separately. Table 11 reveals that 17.5% of students were of the opinion that their fathers never drink alcohol while 29.2% believed that their mothers never use the substance. For those whose parents do drink alcohol, most believe that their mothers and fathers only do so on special occasions (fathers: 39.4%; mothers: 57.3%). Fewer students were of the opinion that their parents drink only "on weekends", "sometimes during the week", and "everyday" (See Table 11). A small proportion of students indicated that the items were not applicable to them as they "have no living father/mother or never see them" (father: 5.2%; mother: 1.6%).

#### Table 11: Parents' Use of Alcohol

	Father	Mother
Never drinks any alcohol	17.5%	29.2%
Only on special occasions	39.4%	57.3%
Only on weekends, but never during the week	8.8%	4.0%
Sometimes during the week	21.2%	6.8%
Drinks alcohol every day	7.9%	1.1%
Not applicable, I have no living father/mother or never see	5.2%	1.6%
them		

#### Siblings' or Other Housemates' Use of Drugs

Students were asked whether their siblings or anyone else living within their home currently use drugs. Nearly three-quarters (72.0%) of the students stated that neither their siblings nor their housemates are current drug users. Alternately, just over one-quarter (28.0%) of students revealed that their siblings or housemates currently use drugs.

#### Table 12: Drug Use among Siblings/Housemates

	Percentage
Yes	28.0%
No	72.0%

#### Friends' Use of Drugs

When asked how many of their friends drink alcohol regularly, almost half of all students (49.2%) stated that "none" of their friends do so. This was followed by 34.3% who indicated that "some" of their friends drink regularly. Fewer students indicated that "a lot" (11.6%) or "one" (4.9%) of their friends consume alcohol on a regular basis.

A similar profile was uncovered with respect to regular marijuana use among friends. More specifically, just over half (53.5%) of the students stated that "none" of their friends smoke marijuana regularly. This was followed by those who indicated that "some" of their friends are frequent smokers of the drug (29.5%). The least common responses to this item were "a lot on my friends" (12.0%) and "one on of my friends" (5.0%).

## Curiosity about Drug Use and Drug Use if Given Opportunity

#### Curiosity about Drug Use

Prior to being asked about their use of drugs, students were questioned about their curiosity regarding drug use. Firstly, they were asked if they have ever been curios about trying illicit drugs. More than half (54.0%) indicated that they have never been curious, while 37.3% stated that they have in fact been curious, about trying illicit drugs. The remaining 8.7% stated that they were not sure.

Next, students were asked about their curiosity regarding the use of specific drugs. With regards to marijuana, 58.8% of students indicated that they have never been curious about trying this drug while 32.7% revealed that they have been curious. A small proportion (8.5%) of students stated that they "may be" curious.

Almost all students (91.0%) indicated that they have never been curious about trying cocaine. In sharp contrast, very few revealed that they have been curious (5.3%) or "may be" curious (3.6%).

A similar distribution was uncovered with regards to crack. More specifically, the vast majority (94.7%) of students revealed that they have never been curious about using this drug while a mere 2.9% stated that they have in fact been curious. The remaining 2.4% indicated that they "may be" curious.

With regards to ecstasy, most students (86.8%) have never been curious about trying the drug. Alternately, 7.3% of students revealed that they have been curious while 6.0% stated that they "may be" curious about trying the drug.

#### Use of Illicit Drugs if Given the Opportunity

Next, students were asked if they would use an illicit drug if given the opportunity. Just under two-thirds (61.2%) of all students indicated that they would not use an illicit drug, while approximately one-fifth (20.3%) stated that they would use such a drug, if the opportunity presented itself. The remaining 18.5% were unsure if they would use an illicit drug if given the opportunity.

## **Specific Results by Drug**

In the following sub-sections, a number of licit and illicit drugs will be considered separately. The results presented will cover a variety of areas, including lifetime (any use), one-year (annual) and one-month (current use) prevalence rates as well as one-year and one-month incidence rates. The prevalence rates have been cross-tabulated by various sub-group variables and these findings will also be presented and described. In additional, supplemental data will be provided for the drugs, the content of which will vary from drug to drug.

## **Cigarettes**

#### Prevalence and Incidence

Lifetime prevalence of cigarette use was 18.1%. Thus, just under one-fifth of all students tried cigarettes at some point in their lifetime. The one-year prevalence rate was 6.8% while the one-month prevalence rate was 3.0%. With respect to new cases of cigarette use, results revealed the one-year incidence rate to be 6.2% while the one-month incidence rate was 2.3%.

#### Age of First Use

For those students who have ever used cigarettes, the mean age of first use was 12.03 years while the median age was 13 years. Of interest is the fact that more than half (61.3%) of the students who have used cigarettes did so by the age of 13 and nearly one-quarter (22.2%) did so by the time they were 9.

#### Perceived Harm

Approximately one-third (33.5%) of students believed smoking cigarettes sometimes to be "very harmful" while 34.0% considered it to be "moderately harmful". Just over one-fifth of students (21.3%) were of the opinion that smoking sometimes was only "slightly harmful" while 4.5% considered it to be "not harmful". The remaining 6.8% were not sure of the harm associated with smoking sometimes.

A noticeable difference can be seen in the results regarding the perceived harm associated with smoking frequently. More specifically, more than three-quarters (77.5%) of the students considered smoking frequently to be "very harmful" while 10.8% thought it to be "moderately harmful". Very few were of the opinion that smoking frequently was "slightly harmful" (4.1%) or "not harmful" (1.4%) at all. The remaining 6.2% of students revealed that they did not know how harmful smoking frequently was.

When asked about inhaling second hand smoke, more than three-quarters (77.8%) of all students considered this to be either "very harmful" (52.7%) or "moderately harmful" (25.1%). Only a small proportion of students believed inhaling second hand smoke to be "slightly harmful" (13.6%) or "not harmful" (2.5%). Those students who were unsure of the harms associated with second hand smoke accounted for 6.1% of all students.

#### **Comparisons by Sub-Groupings**

In this section, population estimates of Lifetime, One-year and One-month prevalence rates are presented by various sub-groupings. These sub-groupings are based on a number of demographic characteristics, level of parental involvement and indicators of the students' school experience.

#### Prevalence Rates by Select Demographic Characteristics (Table 13)

	Ci	Cigarette Prevalence		
	Lifetime	One-year	One-month	
Overall	18.1%	6.8%	3.0%	
Gender				
Male	21.8%	9.1%	4.0%	
Female	16.5%	5.6%	2.4%	
Age Group				
11-14 years	11.9%	2.9%	1.9%	
15-16 years	24.5%	9.5%	4.0%	
17+ years	20.3%	10.7%	3.3%	
Grade Level				
2 <sup>nd</sup> Form	9.8%	2.9%	1.9%	
4 <sup>th</sup> Form	17.8%	5.0%	2.2%	
5 <sup>th</sup> Form	25.7%	9.3%	4.7%	
6 <sup>th</sup> Form	16.7%	10.9%	2.9%	
Type of School				
Public	18.1%	6.8%	3.0%	
Private	26.0%	12.4%	4.3%	
Repeated School Years				
None	16.0%	5.5%	2.7%	
One	35.8%	17.2%	4.7%	
Two or more	29.2%	8.7%	8.7%	
Work in Addition to Going to School				
Yes	30.8%	13.7%	4.9%	
No	17.1%	6.2%	2.8%	
Hours Worked per Week				
1-5	17.9%	8.4%	1.6%	
6-10	36.6%	22.0%	8.0%	
11-15	42.6%	0%	0%	
16+	45.5%	17.4%	6.3%	

#### Table 13: Prevalence Rates for Cigarettes by Select Demographics

#### Gender

Lifetime prevalence of cigarette use was higher among males (21.85%) than females (16.5%). This was also the case for the one-year prevalence rates (males: 9.1%; females: 5.6%) and the one-month prevalence rates (males: 4.0%; females: 2.4%).

#### Age

Lifetime prevalence rates were lowest among those in the 11-14 age group (11.9%) and were highest in the 15-16 age group (24.5%). The lifetime prevalence rate for those ages 17 and over was 20.3%. One-year prevalence rates were found to increase with age, ranging from 2.9% for those in 11-14 age group to 9.5% for those ages 15- 16 years and 10.7% for those 17 and over. The one-month prevalence rates followed a similar pattern to that of the lifetime prevalence rates, whereby the lowest rate was found among the 11-14 age group (1.9%) and the highest among the 15-16 age group (4.0%). The one-month prevalence rate for those 17 and over was 3.3%.

#### Grade Level

Lifetime prevalence rates were lowest among the second formers (9.8%) and highest among the fifth formers (25.7%). The lifetime prevalence rate was 17.8% for fourth formers and 16.7% for sixth formers. As was the case with age, the one-year prevalence rates increased as grade level increased. As such, rates ranged from 2.9% among second formers to 10.9% among sixth formers. The one-month prevalence rates also increased with grade level up to fifth form (See Table 13). They then declined among the sixth formers (See Table 13).

#### Type of School

Lifetime prevalence rates were highest among students from private schools (See Table 13). This also held true for the one-year and one-month prevalence rates (See Table 13).

#### **Repeated School Years**

Lifetime prevalence rates were lowest among students who have never repeated a grade level (16.0%) and highest among those who repeated one grade level (35.7%). This pattern was also

observed for the one year prevalence rates (See Table 13). However, the one-month prevalence rates increased as the number of grades repeated increased (See Table 13).

#### **Employment Status**

When employment status was taken into consideration, all prevalence rates (lifetime, one-year, one-month) were found to be higher among those who worked in addition to going to school (See Table 13).

#### Hours Worked per Week

For those students who worked in addition to going to school, lifetime prevalence rates increased as the number of hours worked per week increased (See Table 13). As such, they ranged from 17.9% among those who worked for 1-5 hours to 45.5% among those who worked for 16 or more hours. With regard to one-year prevalence rates, these were highest among those who worked 6-10 hours (21.9%) followed by those who worked 16 or more hours (17.3%) and 1-5 hours (8.4%) per week respectively. Of interest is the fact that the one-year prevalence rates for those who worked 11-15 hours per week was 0% and this finding maintained when the one-month prevalence rates were calculated. The one-month prevalence rates were highest among those who worked 6-10 hours per week (8.0%), followed by those who worked 16 or more hours (6.2%) and 1-5 hours (1.6%) per week respectively.

#### Prevalence Rates by Level of Parental Involvement & Relationship Quality (Tables 14 & 15)

#### Parental Involvement

When level of parental involvement was taken into consideration, each of the prevalence rates (lifetime, one-year, one-month) showed a general trend of decreasing as the parental involvement score, i.e. level of parental involvement, increased (See Table 14). As such, prevalence rates (lifetime, one-year, one-month) were lowest among those students whose parental involvement score was 7 (highest possible score) and highest among those whose score was 0 (lowest possible score) (See Table 14). These findings indicate that tobacco prevalence was lower among those whose parents were more greatly involved in various aspects of their daily lives.

Parental Involvement Score	Lifetime	One-year	One- month
0	45.2%	23.4%	15.8%
1	40.4%	15.3%	9.1%
2	31.2%	11.8%	6.1%
3	20.1%	7.1%	3.0%
4	12.2%	4.5%	0.7%
5	14.3%	5.1%	0.5%
6	10.7%	3.5%	2.5%
7	4.9%	1.1%	0.0%

Table 14: Prevalence Rates for Cigarettes by Parental Involvement Score

#### **Relationship Quality**

#### Relationship with Father

Lifetime prevalence rates increased as the quality of the father-child relationship decreased (See Table 15). As such, lifetime prevalence rates were lowest among those who had a "very good" relationship with their father and highest among those who had a "very bad" relationship with their father (See Table 15). One-year and one-month prevalence rates followed a somewhat similar pattern whereby the rates increased as the quality of the relationship decreased up to the classification of "bad", at which point they declined (See Table 15). As such, the one-year and one-month prevalence rates for those who have a "very bad" relationship with their father were lower than the rates for those who have a "very bad" relationship with their father as "bad". It should be noted that both the one-year and the one-month prevalence rates were lowest among those who indicated that this item was not applicable due to their having no living father or having no relationship with their father (See Table 15).

	Prevalence Rates		
Relationship	Lifetime	One-Year	<b>One-Month</b>
Relationship with Father			
Very good	12.8%	5.5%	3.0%
Good	19.7%	7.1%	3.0%
Bad	22.4%	11.9%	5.5%
Very bad	31.6%	10.2%	3.3%
Not applicable	25.9%	3.8%	0%
Relationship with Mother			
Very good	16.7%	7.1%	3.1%
Good	21.2%	4.7%	2.0%
Bad	21.8%	15.0%	6.1%
Very bad	33.1%	23.3%	10.0%
Not applicable	26.3%	7.1%	7.1%
Parents'/guardians' relationship with each other			
Very good	14.6%	5.7%	2.3%
Good	16.6%	6.2%	3.0%
Bad	18.0%	7.5%	2.3%
Very bad	33.1%	12.4%	5.6%
Not applicable	23.7%	9.1%	9.1%

#### Table 15: Prevalence Rates for Cigarettes by Relationship Quality

#### Relationship with Mother

Lifetime prevalence rates increased as the quality of the mother-child relationship decreased (See Table 15). As such, lifetime prevalence rates were lowest among those who had a "very good" relationship with their mother and highest among those who had a "very bad" relationship with their mother (See Table 15). This however was not the case for the one-year and one-month rates. While these rates did show a general trend of increasing as the quality of the relationship decreased, the lowest rates were actually found among those who classified their relationship with their mother as "good" rather than among those whose relationship was "very good" (See Table 15). Nevertheless, the one-year and one-month prevalence rates remained highest among those who had a "very bad" relationship with their mother (See Table 15).

#### Parents'/Guardians' Relationship with Each Other

Both the lifetime and the one-year prevalence rates increased as the quality of the relationship between students' parents/guardians decreased (See Table 15). As such, the lifetime and one-year prevalence rates were lowest among those whose parents/guardians had a "very good"

relationship with each other and highest among those whose parents/guardians had a "very bad" relationship (See Table 15). In both instances, those who stated that the item was "not applicable" had the second highest prevalence rates. With respect to the one-month prevalence rates, these also showed a general trend of increasing as the quality of the relationship decreased (See Table 15). However, those who identified their parents'/guardians' relationship as being "bad" actually had lower prevalence rates than those whose parents/guardians had "good" and "very good" relationships with each other (See Table 15). Of note here is the fact that those who identified the item as not being applicable had the highest one-month prevalence rate (See Table 15).

#### Prevalence Rates by Students' School Experience (Table 16)

#### Level of Happiness when Going to School

Lifetime prevalence rates increased as the level of student happiness decreased. Therefore, the lifetime prevalence rates were highest among those who stated that they were "very unhappy" when going to school and lowest among those who were "very happy" (See Table 16). The one-year prevalence rates did not follow a specific pattern. Nevertheless, the highest one-year prevalence rates were still found among those who were "very unhappy" when going to school while the lowest were found among those who stated that they were "fairly happy" when attending school (See Table 16). Like the lifetime prevalence rates, the one-month rates also tended to increase as the level of student happiness decreased (See Table 16).

#### Sense of Belonging at School

All prevalence rates (lifetime, one-year, one-month) were found to be lower among those students who experience a sense of belonging at school (See Table 16).

	Prevalence Rates		
Indicator of School Experience	Lifetime	One-Year	<b>One-Month</b>
Level of Happiness when Going to School			
Very happy	16.5%	7.1%	2.1%
Fairly happy	16.5%	5.7%	3.1%
Neither happy nor unhappy	19.7%	7.0%	3.0%
Unhappy	27.6%	6.7%	4.9%
Very unhappy	28.4%	16.2%	6.0%
Sense of Belonging at School			
Yes	16.8%	6.4%	2.5%
No	22.4%	8.9%	4.5%
How often Skipped School in Past Year			
Never	16.3%	6.1%	2.7%
A few times	39.9%	13.7%	5.0%
Several times	10.0%	10.0%	10.0%
Often	58.2%	41.0%	24.2%
How often Absent from School in Past Year			
Less than 5 days	15.1%	5.2%	1.9%
5-10 days	19.0%	7.2%	2.9%
11-20 days	30.7%	13.4%	5.6%
21-30 days	22.5%	10.2%	2.4%
More than 30 days	36.7%	16.5%	14.9%
Relationship with Teachers			
Very good	15.7%	8.3%	3.1%
Good	17.8%	5.3%	2.3%
Average	17.9%	6.2%	2.6%
Bad	26.8%	13.0%	5.1%
Very bad	34.8%	19.0%	12.9%
Probability of Finishing School			
Very likely	16.7%	6.5%	2.6%
Likely	25.1%	9.5%	5.0%
Not very likely	30.1%	7.4%	7.4%
Impossible	83.1%	27.4%	27.4%
Don't know	18.3%	7.6%	1.4%
Probability of Going to University			
Very likely	15.2%	7.5%	2.8%
Likely	17.9%	5.4%	3.0%
Not very likely	32.0%	10.5%	3.8%
Impossible	52.2%	20.4%	7.9%
Don't know	20.4%	5.1%	2.8%

## Table 16: Prevalence Rates for Cigarettes by Indicators of Students' School Experience

#### How Often Skipped School in Past Year

When truancy rates were considered, each of the prevalence rates (lifetime, one-year, onemonth) displayed a general trend whereby they tended to increase as the number of days students skipped school in the past year increased (See Table 16). As such, the highest rates were found among those students who skipped school "often" (See Table 16). However, it should be noted that despite the general trend, lifetime prevalence rates were actually lowest among those who skipped school several times (See Table 16). Similarly, the one-year prevalence rates for those who skipped school several times were found to be the second lowest (following the one-year rates for those students who never skipped school) (See Table 16).

#### How Often Absent from School in Past Year

When student absenteeism was taken into account, all prevalence rates (lifetime, one-year, one-month) were found to exhibit the same pattern. More specifically, the rates tended to increase as the number of days students were absent in the past year increased (See Table 16). As such, rates were lowest among those who were absent for fewer than 5 days and highest among those who were absent for more than 30 days (See Table 16). It should be noted however, that while this general trend was observed, the rates (lifetime, one-year, one-month) for those who were absent for 21 to 30 days were surprisingly lower than those for the students who were absent for 11 to 20 days (See Table 16).

#### **Relationship with Teachers**

A general trend was uncovered when the quality of student-teacher relationships was considered, whereby the prevalence rates (lifetime, one-year, one-month) tended to increase as relationship quality decreased (See Table 16). The highest rates were therefore found among those who classified their relationship with their teachers as "very bad" (See Table 16). Despite this general trend, the one-year and one-month prevalence rates for those who considered their relationship with their teachers to be "very good" were actually higher than the rates for those who described their relationship as "good" or "average" (See Table 16).

#### Probability of Finishing School

The prevalence rates (lifetime, one-year, one-month) tended to increase as the likelihood of students finishing secondary school decreased (not taking into account those who selected the "don't know" response option). Therefore, all prevalence rates (lifetime, one-year, one-month) were highest among those who believed the probability of their finishing school to be

"impossible" (See Table 16). Not only were the rates highest among this group of students, these rates were also considerably higher (approximately 3 to 4 times) than the second highest rates in each prevalence category (See Table 16).

#### Probability of Going to University

The lifetime, one-year and one-month prevalence rates followed a similar trend whereby they tended to increase as the likelihood of students going to university decreased (not taking into account those who selected the "don't know" response option). Given this trend, each of the prevalence rates were highest among those who believed the likelihood of their going to university to be "impossible" (See Table 16).

#### 30-Day Consumption Pattern of Cigarette Use

Students who reported cigarette use in the past 30 days were asked to indicate how many cigarettes they had smoked in the month preceding the survey. The majority of students (73.3%) stated that they had smoked 1 to 5 cigarettes during the specified time period. This was followed by those who reported smoking 6 to 10 cigarettes (12.1%), more than 20 cigarettes (12.0%) and 11 to 20 cigarettes (2.6%).

Number of Cigarettes Smoked	Percentage	
1-5	73.3%	
6 - 10	12.1%	
11 – 20	2.6%	
More than 20	12.0%	

|--|

## Alcohol

#### Prevalence and Incidence

Lifetime prevalence for alcohol was 71.2%. Therefore, just under three-quarters of all students have used alcohol at some point in their lifetime. The one-year prevalence rate was 56.3% while the one-month prevalence rate was 32.8%. With regards to new cases of alcohol use, the results reveal the one-year incidence rate to be 43.1% while the one-month incidence rate was found to be 23.8%.

#### Age of First Use

The mean age at which students first consumed alcohol was 11.77 years while the median age was 12 years. Just over two-thirds (69.8%) of students who reported consuming alcohol indicated that they had first done so by the age of 13. Alternately, approximately one-fifth (18.3%) had used the substance by age 9.

#### Getting Drunk and Binge Drinking

Of those students who reported being current users of alcohol, approximately 12% indicated that they had gotten drunk at some point in the month preceding the survey. Furthermore, 5.9% revealed that they had gotten drunk 1 to 2 times during the specified time period while 2.0% did so 3 to 4 times. More frequent instances of being drunk were much less common.

Current drinkers were also asked to indicate the number of times they consumed 5 or more alcoholic beverages in one sitting (binge drinking) in the 2 weeks preceding the survey. Approximately two-thirds of these individuals (67.1%) stated that they had not engaged in binge drinking during the specified period. Alternately, 14.8% reported doing so only once while 10.8% stated that they had done so 2 to 3 times. Of the remaining students, 3.0% stated that they had engaged in binge drinking 4 to 5 times during the 2 week period while 4.3% had done so more than 5 times. It should be noted that when gender was considered, there was little variation in the binge drinking findings (See Table 18).

	Binge Drinking Frequency				
	Not Once	Only once	2 to 3 times	4 to 5 times	More than 5 times
All students	67.1%	14.8%	10.8%	3.0%	4.3%
Males	69.3%	14.5%	9.6%	2.0%	4.6%
Females	65.7%	15.0%	11.5%	3.6%	4.2%

Table 18: Current Alcohol Users who engaged in Binge Drinking in Past 2 Weeks
#### **Perceived Harm**

Approximately 4 out of 10 students (43.7%) believed that drinking alcohol frequently is very harmful to one's health while just over one-quarter (27.7%) considered it to be moderately harmful. An additional 18.4% indicated that they believe that frequently consuming alcohol is only slightly harmful while a very small proportion (4.8%) of the students did not consider it to be harmful at all. The remaining 5.4% stated that they did not know the level of harm associated with frequent alcohol consumption.

With regards to getting drunk, just over half (54.1%) of all students considered this to be very harmful to one's health while approximately one-quarter (24.1%) believed it to be moderately harmful. Fewer students identified getting drunk as slightly harmful (12.2%) and not harmful at all (4.2%). A small proportion (5.4%) did not know the level of harm associated with getting drunk.

#### **Comparisons by Sub-groupings**

In this section, population estimates of Lifetime, One-year and One-month prevalence rates are presented by various sub-groupings. These sub-groupings are based on a number of demographic characteristics, level of parental involvement and indicators of the students' school experience.

## Prevalence Rates by Select Demographic Characteristics (Table 19)

#### Gender

Table 19 reveals that the lifetime prevalence rate was slightly higher among females (74.7%) than males (72.4%). Despite this small difference, it can be seen that just under three-quarters of both males and females consumed alcohol at some point during the lifetime. One-year prevalence rates were also higher among female students (females: 60.2%; males: 55.2%). Conversely, the one-month prevalence rates were slightly higher among male students (males: 34.1%; females: 33.8%).

#### Age

Each of the prevalence rates (lifetime, one-year, one-month) increased as student age increased (See Table 19). As such, lifetime prevalence rates ranged from 55.5% among 11 to 14

year olds to 85.6% among the 15 to 16 years olds and 90.4% among those 17 and older. Likewise, the one-year prevalence rates also showed a step-wise progression between the age groups (11-14 years: 39.6%; 15-16 years: 69.5%; 17+ years: 78.2%) as did the one-month prevalence rates (11-14 years: 19.4%; 41.3%; 51.8%). Based on these findings, it can be concluded that alcohol use was higher among older students.

	Alcohol Prevalence		
	Lifetime	One-year	One-month
Overall	71.2%	56.3%	32.8%
Gender			
Male	72.4%	55.2%	34.1%
Female	74.7%	60.2%	33.8%
Age Group			
11-14 years	55.5%	39.6%	19.4%
15-16 years	85.6%	69.5%	41.3%
17+ years	90.4%	78.2%	51.8%
Grade Level			
2 <sup>nd</sup> Form	42.4%	27.3%	12.0%
4 <sup>th</sup> Form	67.9%	51.6%	28.4%
5 <sup>th</sup> Form	86.9%	69.7%	44.1%
6 <sup>th</sup> Form	89.1%	80.4%	49.3%
Type of School			
Public	71.3%	56.3%	32.8%
Private	60.7%	46.1%	28.1%
Repeated School Years			
None	72.1%	57.0%	31.7%
One	88.5%	72.3%	49.9%
Two or more	71.2%	50.7%	39.8%
Work in Addition to Going to School			
Yes	82.3%	65.4%	47.5%
No	73.8%	58.7%	32.7%
Hours Worked per Week			
1-5	71.5%	54.7%	36.8%
6-10	90.9%	73.1%	64.6%
11-15	80.0%	72.2%	50.9%
16+	94.8%	89.9%	62.1%

#### **Table 19: Prevalence Rates for Alcohol by Select Demographics**

## Grade Level

As with age, each of the prevalence rates (lifetime, one-year, one-month) also increased as student grade level increased (See Table 19). Therefore, it can be said that there were greater levels of alcohol use among students in the higher grade levels.

## Type of School

Lifetime prevalence rates were highest among the students enrolled in public schools (See Table 19). This was also the case for the one-year and one-month prevalence rates (See Table 19).

## **Repeated School Years**

Students who repeated one grade level (88.5%) reported a higher lifetime prevalence compared to those who never repeated a grade level (72.1%) and those who repeated two or more grade levels (71.2%). This trend was also observed for the one-year and one-month prevalence rates (See Table 19). Interestingly, each of the prevalence rates was lowest among those students who reported repeating two or more grade levels.

## Work in Addition to Going to School

Lifetime, one-year and one-month prevalence rates followed the same pattern whereby they were all higher among those students who reported that they worked in addition to going to school.

## Hours Worked per Week

For those students who worked in addition to going to school, lifetime prevalence rates were highest among those who work more than 16 hours per week and lowest among those who work 1 to 5 hours per week. This was also the case for the one-year prevalence rates. However, the one-month prevalence rates were highest among those students who work 6 to 10 hours per week and lowest among those who work for 1 to 5 hours.

#### Level of Parental Involvement

Parental Involvement Score	Lifetime	One-year	One- month
0	92.8%	91.1%	70.2%
1	89.8%	74.8%	56.0%
2	84.1%	70.1%	47.7%
3	84.3%	68.2%	35.2%
4	78.3%	58.2%	34.3%
5	66.4%	53.3%	26.7%
6	58.7%	41.2%	17.5%
7	41.4%	26.5%	13.5%

Table 20: Prevalence	Rates for Alcohol b	v Parental Involve	ement Score

When level of parental involvement was taken into account, each of the prevalence rates (lifetime, one-year, one-month) showed a general trend of decreasing as the parental involvement score, i.e. level of parental involvement, increased (See Table 20). As such, prevalence rates (lifetime, one-year, one-month) were lowest among those students whose parental involvement score was 7 (highest possible score) and highest among those whose score was 0 (lowest possible score) (See Table 20). Thus, it would appear that alcohol prevalence was higher among those students whose parents were less involved in their daily lives.

#### **Relationship Quality**

## Relationship with Father

Each of the prevalence rates (lifetime, one-year, one-month) increased as the quality of the father-child relationship decreased (not taking into account those students who selected the "not applicable" response option) (See Table 21). As such, the lifetime, one-year and one-month prevalence rates were highest among those students who classified their relationship with their father as being "very bad" and lowest among those whose relationship with their father was reportedly "very good" (See Table 21).

#### Relationship with Mother

As in the case of the father-child relationship, prevalence rates were also found to increase as the quality of the mother-child relationship decreased (not taking into account those students who selected the "not applicable" response option). Therefore, lifetime, one-year and one-month use of alcohol was highest among those who reported a "very bad" mother-child relationship and lowest among those who had a "very good "relationship with their mother (See Table 21). Of interest however, is the fact that the lifetime and one-month prevalence rates for those who selected the "not applicable" response option (due to their not having a relationship with their mother or not having a living mother) were actually higher than the rates for those who reported having a "very bad" relationship with their mother.

	Prevalence Rates		
Relationship	Lifetime	One-Year	<b>One-Month</b>
Relationship with Father			
Very good	64.5%	50.3%	28.7%
Good	75.1%	60.5%	33.1%
Bad	84.9%	68.1%	38.2%
Very bad	87.0%	69.8%	51.3%
Not applicable	82.3%	55.3%	41.3%
Relationship with Mother			
Very good	70.4%	54.2%	31.4%
Good	79.2%	63.8%	36.4%
Bad	83.3%	68.1%	42.7%
Very bad	87.3%	78.1%	46.6%
Not applicable	89.0%	69.8%	50.6%
Parents'/Guardians' Relationship with Each Other			
Very good	60.5%	46.6%	21.8%
Good	76.0%	61.7%	37.2%
Bad	79.9%	64.3%	38.2%
Very bad	85.6%	64.6%	41.8%
Not applicable	85.0%	64.8%	39.9%

#### Table 21: Prevalence Rates for Alcohol by Relationship Quality

## Parents'/Guardians' Relationship with Each Other

Lifetime prevalence rates for alcohol use increased as the quality of the parents'/guardians' relationship with each other decreased (not taking into account those students who selected the "not applicable response option). Thus, they were highest among those whose parents/guardians had a "very bad" relationship with each other and lowest among those whose parents/guardians had a "very good" relationship. This pattern can also be seen among the one-year and one-month prevalence rates (See Table 21).

## Prevalence Rates by Students' School Experience (Table 22)

## Level of Happiness when Going to School

Each of the prevalence rates (lifetime, one-year, one-month) tended to increase as the level of student happiness decreased. As such, the lowest prevalence rates (lifetime, one-year, one-month) were uncovered among those who were "very happy" (See Table 22). The lifetime and one-year prevalence rates increased to the level of "unhappy", following which they decreased marginally. As such, the highest lifetime and one-year prevalence rates were found among those who were "unhappy" (See Table 22). Alternately, the one-month prevalence rates consistently increased and therefore the highest one-month prevalence rate was found among those who were "very unhappy" when going to school (See Table 22).

## Sense of Belonging at School

Interestingly, each of the prevalence rates (lifetime, one-year, one-month) were highest among those students who reported a sense of belongingness at school (See Table 22). Nevertheless, there was little difference between the prevalence rates of those who reported having a sense of belongingness while at school and those who did not (See Table 22).

#### How Often Skipped School in the Past Year

The lifetime and one-year prevalence rates displayed the same pattern whereby they tended to increase as the frequency with which students skipped school in the past year increased (See Table 22). This was the case up to the level of "several times", at which point these rates declined (only marginally in the case of the lifetime prevalence rates). As such, the lowest

lifetime and one-year prevalence rates were uncovered among those who "never" skipped school while the highest were found among those who skipped school "several times" (100% in each case) (See Table 22). The one-month prevalence rates displayed a somewhat similar pattern whereby they also tended to increase as the frequency with which students skipped school increased (See Table 20). Of interest however, is the fact that the one-month prevalence rate for those who skipped school "several times" was actually lower than that for those who "never" skipped school. As such, the one-month prevalence rates were lowest among those who skipped school "several times" followed by those who "never" skipped school (See Table 22). The highest one-month rate was found among those who skipped school "often".

#### How Often Absent from School in the Past Year

The lowest lifetime prevalence rates were found among those who were absent for fewer than 5 days while the highest was found among those absent for more than 30 days in the past year (See Table 22). With respect to the one-year and one-month rates, these were lowest among those absent for fewer than 5 days and highest among those absent for 11-20 days (See Table 22).

#### **Relationship with Teachers**

Each of the prevalence rates (lifetime, one-year, one-month) displayed a similar pattern whereby they tended to increase as the quality of student-teacher relationships decreased (See Table 22). As such, the lowest rates were observed among those who reported "very good" or "good" relationships with their teachers (See Table 22). The highest lifetime prevalence rate was found among those who had a "very bad" relationship with their teachers while the highest one-year and one-month rates were among those who reported having a "bad" relationship with their teachers. It should be noted that the second highest one-year and one-month prevalence rates were uncovered among those who had "very bad" student-teacher relationships.

	Prevalence Rates		
Indicator of School Experience	Lifetime	One-Year	<b>One-Month</b>
Level of Happiness when Going to School			
Very happy	66.8%	47.2%	24.4%
Fairly happy	71.0%	57.6%	32.8%
Neither happy nor unhappy	79.3%	62.9%	37.9%
Unhappy	81.4%	69.2%	41.2%
Very unhappy	79.2%	67.2%	44.7%
Sense of Belonging at School			
Yes	74.8%	58.8%	34.6%
No	71.6%	56.6%	32.4%
How often Skipped School in Past Year			
Never	72.6%	56.5%	31.7%
A few times	83.3%	71.2%	53.7%
Several times	100.0%	100.0%	27.8%
Often	99.7%	83.0%	82.4%
How often Absent from School in Past Year			
Less than 5 days	67.9%	50.4%	26.2%
5-10 days	80.7%	66.4%	41.3%
11-20 days	84.2%	76.7%	54.2%
21-30 days	72.2%	64.9%	36.7%
More than 30 days	84.8%	68.4%	45.4%
Relationship with Teachers			
Very good	64.1%	50.6%	30.9%
Good	72.2%	55.6%	30.8%
Average	77.4%	61.5%	34.6%
Bad	76.1%	67.4%	53.4%
Very bad	77.7%	63.6%	49.1%
Probability of Finishing School			
Very likely	74.6%	60.7%	34.7%
Likely	76.5%	56.3%	34.6%
Not very likely	64.5%	50.4%	28.9%
Impossible	99.0%	59.2%	59.2%
Don't know	61.7%	38.6%	31.0%
Probability of Going to University			
Very likely	70.2%	56.1%	31.7%
Likely	76.8%	61.1%	33.4%
Not very likely	81.9%	64.9%	43.9%
Impossible	95.4%	84.0%	60.1%
Don't know	74.2%	54.6%	35.9%

# Table 22: Prevalence Rates for Alcohol by Indicators of Students' School Experience

## Probability of Finishing School

The lifetime prevalence rates generally appear to increase as the likelihood of students finishing school decreases (not taking into account those who selected the "don't know" response option) (See Table 22). Despite this general trend, it is interesting to note that the lowest lifetime prevalence rate was found among those who stated that the probability of their finishing school was "not very likely" (64.5%). However, in keeping with the trend, the highest lifetime prevalence rate was among those who believed their finishing school to be "impossible" (99.0%).

In contrast, the one-year prevalence rates tended to decrease as the likelihood of the student finishing school decreased (not taking into account those who selected the "don't know" response option) (See Table 22). As such, the highest one-year prevalence rate was found among those who considered the probability of their finishing school to be "very likely" (60.7%) while the lowest was found among those who stated that their finishing school was "not very likely" (50.4%). It should be noted that despite the observed trend, there was very little difference between the one-year prevalence rates for those who believed their finishing school to be "very likely" and those who believed it to be "impossible" (60.7% vs. 59.2%).

The one-month prevalence rates followed a similar pattern to the one-year prevalence rates, whereby they tended to decrease as the likelihood of the students finishing school decreased (not taking into account those who selected the "don't know" response option) (See Table 22). This was so up to the level of "not very likely" (43.9%), following which a marked increase occurred (See Table 22). As a result, the highest one-month prevalence rate was observed among those who considered their finishing school to be "impossible" (59.2%).

## Probability of Going to University

Each of the prevalence rates (lifetime, one-year, one-month) increased as the reported likelihood of the students attending university decreased (not taking into account those selected the "don't know" response option) (See Table 22). As such, the lowest rates were found among those who reported that their attending university was "very likely" while the highest were uncovered among those who stated that their going to university was "impossible" (See Table 22).

## Location Where Alcoholic Beverages Most Often Consumed

From Table 23, it can be seen that alcoholic beverages were most commonly consumed at "other social events". In fact, just under one-half (45.1%) of the students who consume alcohol reported doing so at such events. The home (30.8%) is the second most common location at which alcohol consumption takes place, followed by "other" (12.2%) unidentified locations. Less frequently selected locations include: on the block (4.0%), a friend's house (3.9%), sporting events (2.1%), and school (1.8%).

Location	Percentage
At home	30.8%
At school	1.8%
On the block	4.0%
At a friend's house	3.9%
At sporting events	2.1%
At other social events	45.1%
Other	12.2%

Table 23: Location Where Alcoholic Beverages Most Often Consumed

## Sources of Alcoholic Beverages – From Whom or Where Obtained

Table 24 reveals that friends (27.2%) were the most common source from which students obtained alcohol. This was followed by "other" (21.0%) unidentified sources and parents/guardians (20.1%) respectively. Near equal amounts of students reported obtaining alcohol from other relatives (12.9%) and the shop (12.7%) while very few cited street vendors (3.6%) and siblings (2.5%) as sources for alcohol.

Source	Percentage
Friends	27.2%
Parents/guardians	20.1%
Brother/sister	2.5%
Other relatives	12.9%
Street vendor	3.6%
Shop	12.7%
Other	21.0%

**Table 24: Sources of Alcoholic Beverages** 

## Types of Alcoholic Beverages Consumed in Past 30 Days

Current drinkers were asked to indicate, using a supplied list, the types of alcohol they consumed within the 30 days preceding the survey. They were also asked to indicate the frequency with which they consumed the said alcohol using a scale that ranged from never to daily. From Table 25 it can be seen that the majority of persons reported that they did not consume beer (46.1%) or wine (43.7%) within the 30 day period. This was followed by those persons who reported consuming them a few times during the month (beer: 34.7%; wine: 39.4%). More frequent consumption (weekends, several days per week, daily) of beer and wine was much less common (See Table 25).

It can also be seen from Table 23 that the number of persons who reportedly did not consume hard liquor (39.3%) during the month leading up to the survey almost equaled the number of persons who consumed such beverages a few times (39.7%) during the same period. As with beer and wine, more frequent consumption was much less common (See Table 25).

Alcohol Type	Daily	Several Days per Week	Weekends	A Few Times during the Month	Never
Beer	3.4%	3.6%	12.1%	34.7%	46.1%
Wine	2.1%	3.4%	11.3%	39.4%	43.7%
Hard liquor	1.6%	4.3%	15.0%	39.7%	39.3%

#### Table 25: Types of Alcohol Consumed in Past 30 Days

# Marijuana

#### Prevalence and Incidence

Lifetime prevalence for marijuana was 22.0%. Therefore, just over one-fifth of all students reported using marijuana at some point during their lifetime. The one-year prevalence rate was 16.9% while the one-month prevalence rate was 11.0%. With respect to new cases of marijuana use, the one-year incidence rate was 10.9% while the one-month incidence rate was 4.5%.

#### Age of First Use

The mean age at which students reported first using marijuana was 13.5 years while the median age was 14 years. Of note is the finding that just over two-thirds (68.4%) of those students who have used marijuana reported first doing so by the age of 14. A small proportion (4.9%) first used the drug by age 9.

#### **Perceived Harm**

Just under one-third (31.4%) of all students believed that smoking marijuana sometimes is very harmful to one's health while just over one-quarter (27.0%) considered it to be moderately harmful. An additional 19.4% indicated their belief that smoking marijuana sometimes is only slightly harmful while 15.7% considered it not harmful at all. Only a small proportion of students (6.5%) stated that they did not know the level of harm associated with smoking marijuana sometimes.

With regards to the frequent smoking of marijuana, almost two-thirds (61.0%) of all students considered this to be very harmful while 14.5% believed it to be moderately harmful. Very few students considered smoking marijuana frequently to be slightly harmful (9.2%) or not harmful (9.1%) at all while a small proportion of students (6.3) reportedly did not know the level of harm associated with the frequent smoking of marijuana.

Half of all students (50.0%) believed inhaling second hand marijuana smoke to be very harmful while one-fifth (20.0%) considered it to be moderately harmful. Fewer students were of the opinion that inhaling marijuana smoke was only slightly harmful (12.0%) while 10.0% believed that it was not harmful at all. Only 8.0% of all students revealed that they did not know the harm associated with inhaling second hand marijuana smoke.

#### **Comparisons by Sub-groupings**

In this section, population estimates of Lifetime, One-year and One-month prevalence rates are presented by various sub-groupings. These sub-groupings are based on a number of demographic characteristics, level of parental involvement and indicators of the students' school experience.

#### Prevalence Rates by Select Demographic Characteristics (Table 26)

	Marijuana Prevalence		
	Lifetime	One-year	One-month
Overall	22.0%	16.9%	11.0%
Gender			
Male	27.5%	20.3%	14.6%
Female	19.6%	15.5%	9.2%
Age Group			
11-14 years	11.4%	7.9%	5.5%
15-16 years	29.2%	23.2%	15.6%
17+ years	35.8%	26.9%	16.3%
Grade Level			
2 <sup>nd</sup> Form	7.2%	4.6%	2.9%
4 <sup>th</sup> Form	20.8%	16.6%	11.1%
5 <sup>th</sup> Form	32.4%	25.3%	17.7%
6 <sup>th</sup> Form	26.1%	19.6%	10.1%
Type of School			
Public	21.9%	16.8%	11.0%
Private	30.3%	21.8%	15.8%
Repeated School Years			
None	19.9%	15.3%	9.7%
One	41.8%	30.8%	20.0%
Two or more	28.9%	24.5%	24.0%
Work in Addition to Going to School			
Yes	39.5%	30.9%	21.2%
No	20.4%	15.7%	9.8%
Hours Worked per Week			
1-5	18.6%	14.1%	5.6%
6-10	52.8%	46.7%	33.1%
11-15	50.9%	37.4%	29.6%
16+	57.3%	46.5%	46.5%

#### Table 26: Prevalence Rates for Marijuana by Select Demographics

## Gender

From Table 26 it can be seen that all of the prevalence rates (lifetime, one-year, one-month) were higher among the males. As such, it can be said that there was greater marijuana use among male students.

## Age

Table 26 reveals that each of the prevalence rates (lifetime, one-year, one-month) increased as student age increased. Thus, the lifetime prevalence rates ranged from 11.4% among those in the 11 to 14 age category to 29.2% among the 15 to 16 years olds and 35.8% among those aged 17 and over. Likewise, the one-year and one-month prevalence rates also followed a similar stepwise progression (See Table 26). Thus, it can be said that there was greater marijuana use among the older students.

## Grade Level

With respect to grade level, each of the prevalence rates (lifetime, one-year, one-month) displayed a similar pattern whereby they increased as grade level increased up to 5<sup>th</sup> form, following which they declined (See Table 26). As such, the lowest rates were found among the 2<sup>nd</sup> formers while the highest rates were found among the 5<sup>th</sup> formers (See Table 26). It should be noted that while the second highest lifetime and one-year rates were found among the 6<sup>th</sup> formers, this did not hold true for the one-month prevalence rates (See Table 26). In contrast, the one-month prevalence rates for the 6<sup>th</sup> formers were the second lowest (See Table 26).

## Type of School

Lifetime prevalence rates were highest among the students enrolled in private schools (private: 30.3%; public: 21.9%). This was also the case for the one-year and one-month prevalence rates (See Table 26).

## **Repeated School Years**

Students who repeated one grade level (41.8%) reported a higher lifetime prevalence compared to those who never repeated a grade level (19.9%) and those who repeated two or more grade levels (28.9%). This trend was also observed for the one-year and one-month prevalence rates (See Table 26). The lowest rates for each prevalence category were found among those students who had never repeated a grade level (See Table 26).

#### Work In Addition to Going to School

Lifetime, one-year and one-month prevalence rates followed the same pattern whereby they were all higher among those students who reported that they work in addition to going to school (See Table 26).

#### Hours Worked per Week

For those who work in addition to going to school, the lifetime prevalence rates were lowest among those who reported working 1 to 5 hours per week (18.6%) and highest among those who worked 16 or more hours per week (57.3%). The one-year prevalence rates were also lowest among those who worked 1 to 5 hours (14.2%); however, they were highest among those who worked 6 to 10 hours (46.7%). It should be noted that the one-year prevalence rate for those who worked 6 to 10 hours was only negligibly higher than the rate for those who worked 16 or more hours (6 to 10 hours: 46.7%; 16+ hours: 46.5%). With respect to the one-month prevalence rates, these were lowest among those who worked 1 to 5 hours per week (5.6%) and highest among those who worked 16 or more hours per week worked 16 or more hours hours was only not be who worked 1 to 5 hours were lowest among those who worked 1 to 5 hours per week (5.6%) and highest among those who worked 16 or more hours per week (5.6%).

## Prevalence Rates by Level of Parental Involvement & Relationship Quality (Tables 27& 28)

## Parental Involvement

When level of parental involvement was taken into account, each of the prevalence rates (lifetime, one-year, one-month) showed a general trend of decreasing as the parental involvement score, i.e. level of parental involvement, increased (See Table 27). As such, prevalence rates (lifetime, one-year, one-month) were lowest among those students whose parental involvement score was 7 (highest possible score) and highest among those whose score was 0 (lowest possible score) (See Table 27). Thus, it would appear that marijuana prevalence was higher among those students whose parents were less involved in their daily lives.

Parental Involvement Score	Lifetime	One-year	One- month
0	62.6%	56.5%	54.3%
1	40.7%	32.6%	24.1%
2	35.5%	27.5%	15.7%
3	25.7%	20.2%	12.2%
4	16.5%	12.6%	6.8%
5	18.1%	11.9%	7.5%
6	11.9%	7.6%	6.0%
7	5.7%	5.6%	2.9%

Table 27: Prevalence Rates for Marijuana by Parental Involvement Score

## **Relationship Quality**

#### Relationship with Father

A general trend was observed whereby lifetime, one-year and one-month prevalence rates tended to increase as the quality of the father-child relationship decreased (See Table 28). As such, the highest lifetime and one-month prevalence rates were found among those who had a "very bad" relationship with their father while the lowest rates existed among those whose relationship was described as "very good" (See Table 28). The one-year prevalence rates were somewhat different as they increased up to the level of "bad" at which point they declined slightly (See Table 28). As such, the highest one-year prevalence rates were found among those who classified their relationship with their father as "bad" (See Table 28). Despite this difference, the lowest one-year prevalence rates remained among those who had a "very good" father-child relationship (See Table 28).

## Relationship with Mother

Lifetime, one-year and one-month prevalence rates followed a similar pattern whereby they tended to increase as the quality of the mother-child relationship decreased (See Table 28). While this pattern was observed, it is interesting to note that the prevalence rates for those who described their relationship with their mother as "good" were actually lower than the rates for those whose relationship was classified as "very good" (See Table 28). As such the lifetime, one-year and one-month prevalence rates were lowest among those who have a "good" relationship with their mother and highest among those who have a "very bad" mother-child relationship (See Table 28).

	Prevalence Rates		
Relationship	Lifetime	One-Year	<b>One-Month</b>
Relationship with Father			
Very good	17.0%	12.5%	8.5%
Good	23.6%	18.0%	11.4%
Bad	28.9%	25.5%	14.7%
Very bad	32.4%	23.7%	17.5%
Not applicable	33.0%	19.9%	12.2%
Relationship with Mother			
Very good	23.3%	18.0%	11.2%
Good	19.5%	13.3%	8.7%
Bad	24.7%	22.0%	16.8%
Very bad	43.1%	43.1%	29.7%
Not applicable	33.3%	26.3%	26.3%
Parents'/guardians' relationship with each other			
Very good	15.9%	11.2%	7.2%
Good	23.8%	17.9%	10.7%
Bad	24.1%	18.5%	12.4%
Very bad	31.0%	26.1%	20.1%
Not applicable	29.8%	20.8%	12.4%

#### Table 28: Prevalence Rates for Marijuana by Relationship Quality

#### Parents'/Guardians' Relationship with Each Other

Lifetime prevalence rates increased as the quality of the parents/guardians relationship with each decreased. The highest lifetime prevalence rates were therefore found among those whose parents/guardians had a "very bad" relationship while the lowest were found among those whose parents/guardians had a "very good" relationship. This pattern can also be seen among the one-year and one-month prevalence rates.

#### Prevalence Rates by Students' School Experience (Table 29)

#### Level of Happiness when Going to School

While lower lifetime prevalence rates were found among those who reported greater levels of happiness when going to school, an incremental or step-wise increase was not observed (See Table 29). In fact, the lifetime prevalence rates for those who reported being "fairly happy" (18.5%) were lower than those for the students who were reportedly "very happy" (20.8%) when going to school. Similarly, the lifetime prevalence rates for those who were "neither

happy nor unhappy" (26.4%) were higher than those for the students who stated that they were "unhappy" (23.0%) when going to school.

With respect to the one-year prevalence rates, these were also lower among happier students. As such, the lowest one-year prevalence rate was observed among those who were "very happy" (13.2%) while the highest rate was found among those who reported being "very unhappy" (29.4%) when going to school. However, it is interesting to note that the one-year prevalence rate for reportedly "unhappy" (18.3%) students was lower than that for students who revealed that they were "neither happy nor unhappy" (21.6%) when going to school.

The one-month prevalence rates followed a distinctive step-wise pattern whereby they increased as the level of student happiness increased (See Table 29). Thus, the lowest one-month prevalence rate was observed among "very happy" (8.7%) students while the highest one-month prevalence rate was found among those who were "very unhappy" (24.3%) when going to school.

## Sense of Belonging at School

Lifetime prevalence rates were higher among those students who reported not experiencing a sense of belonging while at school (sense of belonging: 22.4%; no sense of belonging: 24.2%). This was also the case for the one-year (sense of belonging: 16.9%; no sense of belonging: 19.1%) and one-month prevalence rates (sense of belonging: 10.5%; no sense of belonging: 13.8%).

## How Often Skipped School in Past Year

Each of the prevalence rates (lifetime, one-year, one-month) was lowest among those students who stated that they never skipped school during the year preceding the survey (See Table 29). Alternately, the highest rates were observed among those revealed that they had skipped school often during the identified period (See Table 29).

#### How Often Absent in Past Year

A similar trend was observed among each of the prevalence rates (lifetime, one-year, onemonth). More specifically, they tended to increase as the level of student absenteeism in the year preceding the survey increased (See Table 29). Thus, the lowest rates were observed among those who were absent for less than 5 days while the highest rates were found among those who were reportedly absent for more than 30 days (See Table 29). Despite the general trend which was observed, it should be noted that the prevalence rates for those who reported being absent for 21 to 30 days were lower than those for the students who were absent for 11 to 20 days (See Table 29).

#### **Relationship with Teachers**

While no discernable trend was observed among the prevalence rates when the quality of the student-teacher relationship was considered, it can be seen from Table 29 that each of the prevalence rates (lifetime, one-year, one-month) tended to be lower among those students who had better relationships with their teachers. In fact, the highest rates were consistently found among those who reported "bad" or "very bad" relationships with their teachers while the lower rates were observed among those who had "good", "very good" and "average" relationships with their teachers (See Table 29).

## Probability of Finishing School

Each of the prevalence rates (lifetime, one-year, one-month) increased as the reported likelihood of students completing secondary school decreased (not taking into account those who selected the "don't know" response option) (See Table 29). As such, the lifetime, one-year and one-month prevalence rates were highest among those who believed their finishing school to be impossible (See Table 29). Alternately, the lowest rates were found among those who stated that their finishing school was very likely (not taking into account those who selected the "don't know" response option) (See Table 29).

## Probability of Going to University

Each of the prevalence rates (lifetime, one-year, one-month) increased as the reported likelihood of students attending university decreased (not taking into account those who selected the "don't know" response option) (See Table 29). Thus, the highest rates (lifetime, one-year, one-month) were found among those who stated that their attending university was impossible while the lowest were found among those who indicated that it was very likely that they would go to university (not taking into account those who selected the "don't know" response option) (See Table 29).

	Prevalence Rates		
Indicator of School Experience	Lifetime	One-Year	<b>One-Month</b>
Level of Happiness when Going to School			
Very happy	20.8%	13.2%	8.7%
Fairly happy	18.5%	14.0%	9.3%
Neither happy nor unhappy	26.4%	21.6%	12.4%
Unhappy	23.0%	18.3%	16.6%
Very unhappy	35.5%	29.4%	24.3%
Sense of Belonging at School			
Yes	22.4%	16.9%	10.5%
No	24.2%	19.1%	13.8%
How often Skipped School in Past Year			
Never	19.6%	14.7%	9.3%
A few times	44.2%	34.9%	25.3%
Several times	40.6%	40.6%	20.6%
Often	82.4%	82.4%	74.9%
How often Absent from School in Past Year			
Less than 5 days	16.4%	12.1%	8.8%
5-10 days	27.4%	21.7%	11.4%
11-20 days	32.7%	26.2%	17.4%
21-30 days	26.2%	16.1%	13.2%
More than 30 days	46.8%	39.3%	31.0%
Relationship with Teachers			
Very good	22.1%	17.4%	11.9%
Good	18.7%	13.0%	7.7%
Average	22.1%	17.2%	11.3%
Bad	38.9%	35.3%	27.6%
Very bad	46.9%	37.2%	25.6%
Probability of Finishing School			
Very likely	20.6%	15.4%	10.1%
Likely	28.1%	22.0%	14.9%
Not very likely	44.4%	43.9%	25.6%
Impossible	83.1%	83.1%	55.7%
Don't know	24.9%	20.3%	8.0%
Probability of Going to University			
Very likely	18.0%	14.4%	8.8%
Likely	25.0%	19.0%	14.6%
Not very likely	38.5%	28.0%	16.5%
Impossible	48.9%	41.0%	24.9%
Don't know	21.4%	15.6%	6.4%

# Table 29: Prevalence Rates for Marijuana by Indicators of Students' School Experience

#### Additional Information Regarding Marijuana Consumption (Tables 30, 31, 32, 33, 34)

#### Frequency of Marijuana Use

Students were asked to indicate how often they smoked marijuana. From Table 30 it can be seen that the majority of persons (34.2%) reported using marijuana only once. This was closely followed by those who reported using the drug several times over the past 12 months (32.7%). An additional 14.0% stated that they used marijuana several times a month while 9.1% used it several times a week. The remaining 10.0% revealed that they used marijuana every day.

Frequency	Percentage
Just once	34.2%
Several times over the past 12 months	32.7%
Several times a month	14.0%
Several times a week	9.1%
Every day	10.0%

#### Table 30: Frequency of Marijuana Use

#### Location Where Marijuana Most Often Smoked

Table 31 reveals that "other social events" (26.3%), the home (23.9%) and the block (18.0%) are the top three locations at which students typically smoke marijuana. Less commonly cited locales include: a friend's house (11.9%), school (5.6%) and sporting events (3.6%). The remaining 10.7% reported marijuana use at "other" unidentified locations.

	Table 31: Location	Where I	Marijuana	Most	Often	Smoked
--	--------------------	---------	-----------	------	-------	--------

Location	Percentage
At home	23.9%
At a friend's house	11.9%
At school	5.6%
At sporting events	3.6%
On the block	18.0%
At other social events	26.3%
Other	10.7%

## Sources of Marijuana: From Whom or Where Obtained

From Table 32 it can be seen that friends were the most common source from which marijuana is obtained. In fact, more than half (56.8%) of the students who smoke marijuana admitted to obtaining the drug from their friends. The second most common source was the street pusher (17.8%) and this was followed by "other" unidentified sources (11.4%). Less frequently identified sources include: other relatives (5.5%), parents (4.9%) and siblings (3.7%).

Source	Percentage
Friends	56.8%
Other relatives	5.5%
Parents	4.9%
Street pusher	17.8%
Brother/sister	3.7%
Other	11.4%

#### Table 32: Sources of Marijuana

## Cannabis Abuse Screening Test (CAST)

Six items comprise the Cannabis Abuse Screening Test (Spilka, Jansenn & Legleye, 2013) which was included within the survey's questionnaire. The CAST is a scale that is used to determine whether or not marijuana users are at risk for abusing the drug. The items included within the scale ask users about: morning and solitary use of the drug, possible memory problems, being encouraged to stop or limit use, failed attempts to stop use and problems such as fights or accidents related to the use of the drug, all within the 12 months preceding the completion of the test (See Table 33). Students' responses to these items are presented in Table 31 and discussed below.

#### Smoked Marijuana before Noon in Past 12 months

From Table 31 it can be seen that approximately two-thirds (67.3%) of those students who used marijuana in the 12 months preceding the survey did not do so before noon during the year-long period. Alternately, 13.5% reported doing so rarely while 11.7% stated that they did so from time to time. Reports of more frequent use of marijuana before noon in the past 12 months were less common (fairly often: 3.3%; very often: 4.1%).

## Smoked Marijuana Alone in Past 12 months

Table 31 reveals that approximately two-thirds of students (66.2%) who smoked marijuana in the 12 months leading up to the survey did not use the drug while alone. In contrast, 8.1% did so rarely while 12.5% did so from time to time. Of the remaining students, 4.8% reported that they smoked marijuana while alone fairly often and 8.3% did so very often in the year-long period.

## Memory Loss as a Result of Marijuana Use in Past 12 months

Most persons (87.1%) who smoked marijuana in the year preceding the survey did not experience any memory loss as a result of using the drug during that period. Alternately, 6.5% of marijuana users reported rarely experiencing memory loss due to marijuana use while 4.0% indicated that this happened to them from time to time during the specified period. Reports of more frequent memory loss due to marijuana use were much less common (See Table 33).

#### Encouraged by Friends and Family Members to Reduce Marijuana Use in Past 12 months

Approximately 1 out of every 4 students (26.1%) who used marijuana during the past year reported being encouraged to reduce their marijuana use by friends and/or family members during that time (See Table 33). More specifically, 9.1% stated that their friends and/or family members had encouraged them to do so "very often" while 3.2% stated that their friends and/or family members had encouraged them to reduce their marijuana use "fairly often". The number of students who reported receiving such encouragement "from time to time" (6.9%) during the year leading up to the survey equaled the number of students who "rarely" (6.9%) received such encouragement. The majority of students (73.8%) indicated that their friends and/or family members "never" encouraged them to reduce their marijuana use during the specified time period.

## Tried Reducing Marijuana Use in Past 12 months

Most students (81.2%) who used marijuana in the 12 months preceding the survey indicated that they never attempted to reduce their use of the drug during that time. Nevertheless, there were some who reportedly attempted to do so. Of these persons, 7.0% made such attempts very often. This was followed by those who did so rarely (5.8%), from time to time (5.1%) and fairly often (1.0%) respectively.

## Problems Due to Marijuana Use in Past 12 months

Approximately 9 out of every 10 students (89.2%) who used marijuana in the year leading up to the survey reported that they never experienced any problems (fights, accidents, low grades, etc.) due to their marijuana use during that time. Nevertheless, there were some students who reported experiencing such problems, the frequency of which ranged from rarely (5.0%) to very often (2.2%) (See Table 33).

In the past 12 months:	Never	Rarely	From time to time	Fairly Often	Very often
Have you smoked marijuana before noon?	67.3%	13.5%	11.7%	3.3%	4.1%
Have you smoked marijuana alone?	66.2%	8.1%	12.5%	4.8%	8.3%
Have you experienced memory loss due to marijuana use?	87.1%	6.5%	4.0%	0.6%	1.9%
Have friends or family told you to reduce your marijuana use?	73.8%	6.9%	6.9%	3.2%	9.1%
Have you tried reducing marijuana use?	81.2%	5.8%	5.1%	1.0%	7.0%
Have you had problems due to marijuana	89.2%	5.0%	3.0%	0.5%	2.2%
use (fights, accidents, low grades, etc.)?					

#### Table 33: Cannabis Abuse Screening Test

#### Cannabis Abuse Screening Test Scores

Scores are attached to the response categories for each of the items included within the Cannabis Abuse Screening Test. These scores range from 0 (Never) to 4 (Very Often) and are summed to obtain a total risk score for each person completing the test. As such, total scores can range from 0 to 24 with lower scores indicating less risk for marijuana abuse and higher scores indicating greater risk.

From Table 34 it can be seen that just under half of all persons who used marijuana in the year preceding the survey were classified as not being at risk for abusing the drug while 34.2% are at low risk. The remaining 18.8% of students were found to be at high risk for marijuana abuse. When gender was taken into account, more females than males were classified as not being at

risk for marijuana abuse. In contrast more males than females were found to be at risk for marijuana abuse (both low and high risk).

	Risk Level						
	Not a Problem (No Risk)	Not a Problem (No Risk) Low Risk High Risk					
All Students	47.0%	34.2%	18.8%				
Male	37.3%	41.3%	21.4%				
Female	55.7%	27.8%	16.5%				

## Table 34: Students' Risk for Marijuana Abuse as Determined by Cannabis Abuse Screening Test

# Inhalants

#### Prevalence and Incidence

The lifetime prevalence of inhalant use was found to be 20.3%. Therefore, approximately onefifth of all students reported using inhalants at some point during their lifetime. The one-year and one-month prevalence rates were 9.7% and 7.0% respectively. With regards to new cases of inhalant use, the one-year incidence rate was 10.6% while the one-month incidence rate was 6.2%.

#### Age of First Use

The mean age at which students reported first using inhalants was 9.62 years while the median age was 10 years. It is interesting to note that approximately three-quarters (72.4%) of those students who reported inhalant use indicated that they had used such substances by age 11 while approximately one-third had done so by age 8 (33.9%).

#### **Perceived Harm**

Just over one-third (35.1%) of all students were of the opinion that inhaling solvents sometimes is very harmful to one's health. A similar proportion of students (34.3%) classified it as being moderately harmful. Considerably less students identified inhaling solvents sometimes as being either slightly harmful (14.0%) or not harmful (3.2%) while 13.4% revealed that they did not know the level of harm associated with doing so.

When asked about the dangers associated with frequently inhaling solvents, approximately two-thirds (63.0%) of students considered this to be very harmful. This was distantly followed by those who believed the frequent inhalation of solvents to be moderately harmful (16.8%), slightly harmful (5.5%) or not harmful at all (2.0%). The remaining 12.8% were not aware of the harm associated with frequently inhaling solvents.

#### **Comparisons by Sub-groupings**

In this section, prevalence data will be presented by various sub-groupings. However, it should be mentioned that no data will be presented for the one-year and one-month prevalence rates. This is due to the fact that this information was not available for many of the sub-groupings as it was not provided by CICAD which, as was mentioned earlier in the report, was the agency responsible for conducting the data analysis. As such, results will only be presented for lifetime prevalence. The sub-groupings which will be used are based on a number of demographic characteristics, level of parental involvement and indicators of the students' school experience.

## Prevalence Rates by Select Demographic Characteristics (Table 35)

## Table 35: Lifetime Prevalence Rates for Inhalants by Select Demographics

	Inhalants
	Prevalence
	Lifetime
Overall	20.3%
Gender	
Male	18.6%
Female	22.6%
Age Group	
11-14 years	20.2%
15-16 years	24.4%
17+ years	15.9%
Grade Level	
2 <sup>nd</sup> Form	17.8%
4 <sup>th</sup> Form	22.2%
5 <sup>th</sup> Form	23.2%
6 <sup>th</sup> Form	15.2%
Type of School	
Public	20.2%
Private	25.3%
Repeated School Years	
None	20.1%
One	22.3%
Two or more	35.0%
Work in Addition to Going to School	
Yes	25.4%
No	20.2%
Hours Worked per Week	
1-5	11.7%
6-10	26.4%
11-15	29.1%
16+	38.9%

#### Gender

Table 35 reveals that more females (22.6%) than males (18.6%) reported lifetime inhalant use.

## Age

Approximately one-fifth of students (20.2%) aged 11 to 14 years reported lifetime inhalant use while approximately one-quarter (24.4%) of students between the ages of 15 and 16 reported the use of such substances at some point in their lifetime. The lowest lifetime prevalence rate was found among those in the 17 and over age category (15.9%).

# Grade Level

From Table 35 it can be seen that inhalant use tended to increase as grade level increased up to 5<sup>th</sup> form, following which it declined. The lowest lifetime prevalence rate for inhalants was reported among 6<sup>th</sup> form students (15.2%) while the highest was found among those in 5<sup>th</sup> form (23.2%).

# Type of School

Lifetime inhalant use was higher among private school students (25.3%) than public school students (20.2%).

## **Repeated School Years**

Lifetime prevalence rates for inhalant use increased as the number of grade levels repeated increased. As such, the lowest rate was found among those who reported never repeating a grade level while the highest was found among those students who have repeated two or more levels.

## Work in Addition to Going to School

Students who are gainfully employed (25.4%) were found to have a higher lifetime prevalence that their peers who do not work (20.2%) in addition to going to school.

## Number of Hours Worked Per Week

The lifetime prevalence rates for inhalant use were found to increase as the number of hours worked per week increase. As such, the highest rates were found among those who work for 16

or more hours (38.9%) while the lowest rate was found among those who work for only 1 to 5 hours (11.7%).

## Prevalence Rates by Level of Parental Involvement & Relationship Quality (Tables 36 & 37)

## Level of Parental Involvement

When level of parental involvement was taken into account, no discernable pattern emerged (See Table 36). Nevertheless, the lowest lifetime prevalence rate (10.6%) was found among those who had a parental involvement score of 7 (highest possible score i.e. highest reported level of parental involvement) while the highest lifetime prevalence rate (42.2%) was found among those who had a parental involvement score of 1 (the second lowest possible score i.e. second lowest reported level of parental involvement).

Parental	Lifetime
<b>Involvement Score</b>	Prevalence
0	21.2%
1	42.2%
2	19.2%
3	23.1%
4	22.9%
5	17.5%
6	16.3%
7	10.6%

#### Table 36: Lifetime Prevalence Rates for Inhalants by Parental Involvement Score

## **Relationship Quality**

## Relationship with Father

Table 37 reveals that the lifetime prevalence rates for inhalant use increased as the quality of the father-child relationship decreased up to the level of "bad" following which they declined. Overall, the lowest rate was found among those who had a "very good" (15.8%) father-child relationship while the highest rate was found among those who had a "bad" (32.7%) relationship.

#### Relationship with Mother

The lifetime prevalence rates for inhalant use increased as the quality of the mother-child relationship decreased. As a result, those with a "very good" (18.4%) mother-child relationship had the lowest lifetime prevalence rates while those who had a "very bad" (41.8%) relationship with their mother had the highest lifetime prevalence of inhalant use.

## Parents'/Guardians' Relationship with Each Other

Lifetime prevalence rates tended to increase as the quality of the parents'/guardians' relationship with each other decreased. While this general trend was observed, it should be noted that the prevalence rate for those students whose parents/guardians have a "bad" relationship (21.5%) was slightly lower than the prevalence rate for those who classified their parents'/guardians' relationship as "good" (22.3%). The highest rate was found among those whose parents/guardians have a "very bad" relationship (27.9%) while the lowest was found among those whose parents/guardians have a "very good" relationship (17.7%).

Relationship	Lifetime Prevalence
Relationship with Father	
Very good	15.8%
Good	22.5%
Bad	32.7%
Very bad	23.5%
Not applicable	20.4%
Relationship with Mother	
Very good	18.4%
Good	24.0%
Bad	29.7%
Very bad	41.8%
Not applicable	24.7%
Parents'/Guardians' Relationship with Each Other	
Very good	17.7%
Good	22.3%
Bad	21.5%
Very bad	27.9%
Not applicable	15.9%

## Table 37: Lifetime Prevalence Rates for Inhalants by Relationship Quality

# Prevalence Rates by Students' School Experience (Table 38)

# Table 38: Lifetime Prevalence Rates for Inhalants by Indicators of Students' School Experience

Indicator of School Experience	Lifetime	
	Prevalence	
Level of Happiness when Going to School		
Very happy	18.6%	
Fairly happy	21.8%	
Neither happy nor unhappy	19.2%	
Unhappy	24.1%	
Very unhappy	30.1%	
Sense of Belonging at School		
Yes	20.6%	
No	22.4%	
How often Skipped School in Past Year		
Never	19.3%	
A few times	34.7%	
Several times	20.6%	
Often	48.4%	
How often Absent from School in Past Year		
Less than 5 days	18.0%	
5-10 days	22.6%	
11-20 days	20.2%	
21-30 days	38.7%	
More than 30 days	35.0%	
Relationship with Teachers		
Very good	13.6%	
Good	16.1%	
Average	25.4%	
Bad	27.2%	
Very bad	30.9%	
Probability of Finishing School		
Very likely	19.9%	
Likely	23.0%	
Not very likely	35.9%	
Impossible	27.4%	
Don't know	24.0%	
Probability of Going to University		
Very likely	17.6%	
Likely	23.3%	
Not very likely	29.0%	
Impossible	44.3%	
Don't know	19.8%	

## Level of Happiness when Going to School

Lower lifetime prevalence rates were observed among those who were reportedly happier when going to school (See Table 38). In fact, the lowest rate was found among those who were very happy (18.6%) when going to school while the highest rate was found among those who were reportedly very unhappy (30.1%).

#### Sense of Belonging at School

Students who did not possess a sense of belonging while at school (22.4%) had a slightly higher prevalence rate than their counterparts who had such a sense of belonging (20.6%).

#### How Often Skipped School in Past Year

No discernable pattern was observed when the frequency with which students skipped school in the past year was taken into account. However, the lowest lifetime prevalence of inhalant use was found to be among those who never skipped school (19.3%) while the highest prevalence was among those who skipped school often (48.4%).

## How Often Absent from School in Past Year

When absenteeism was considered, no trend was uncovered with regards to lifetime prevalence of inhalant use (See Table 38). Nevertheless, lower rates were found among those who were absent less often (See Table 38).

## Relationship with Teachers

Lifetime prevalence of inhalant use tended to increase as the quality of student-teacher relationships decreased. In keeping with this trend, the lowest rate was found among those who classified their student-teacher relationships as "very good' (13.6%) while the highest was found among those who had "very bad" relationships with their teachers (30.9%).

## Probability of Finishing School

When the likelihood of students finishing school was considered, it was found that the lifetime prevalence rates for inhalant use increased up to the level of "not very likely", following which they declined. The lowest rate was found to be among those who thought their finishing school was "very likely" (19.9%) and the highest lifetime prevalence rate was found among those who believed their finishing school to be "not very likely" (35.9%).

## Probability of Going to School

The lifetime prevalence rates for inhalant use were found to increase as the reported likelihood of students attending university declined. In keeping with this finding, students who indicated that it was "very likely" that they would go to university had the lowest lifetime prevalence of inhalant use (17.6%). Those who stated that their going to university was "impossible" had the highest observed rate (44.3%).

## **Other Drugs**

In this section, the prevalence and incidence rates for less commonly used drugs will be presented. However, before this is done, the prevalence and incidence rates for 'any illegal drug' use and 'other drug' use will be examined.

#### **Other Drug Prevalence**

## Any Illegal Drug & Other Drug Use

The lifetime prevalence rate for the use of 'any illegal drug' was found to be 37.4%. Therefore, just over one-third of all students have used an illegal drug at some point in their lifetime. The one-year prevalence rate was 25.1% and the one-month prevalence rate was 17.2%.

With regards to new cases of 'any illegal drug' use, the one-year incidence rate was found to be 19.3% while the one-month incidence rate was 9.6%.

When asked about their use of 'other' unidentified drugs, students reported a lifetime prevalence rate of 10.4% and one-year and one-month incidence rates of 5.1% and 3.0% respectively.

## Less Commonly Used Drugs (Table 39)

The lifetime prevalence rate for cocaine powder was 2.8% while the one-year and one-month prevalence rates were 1.6% and 1.3% respectively. Similar prevalence rates were uncovered for crack cocaine (lifetime: 2.2%; one-year: 1.4%; one-month: 1.3%).

Table 39 reveals that the lifetime prevalence rates for stimulants, tranquilizers and ecstasy were quite similar, ranging from 2.5% in the case of ecstasy to 3.0% for tranquilizers and 3.7% for stimulants.

Very few students reported using the opiates heroin, opium and morphine. More specifically, the lifetime prevalence rate for heroin was 1.7% while the lifetime prevalence rates for opium and morphine were 0.7% and 1.2% respectively. Similarly, the lifetime prevalence rates for hallucinogens (0.8%), hashish (0.6%) and coca paste (0.9%) were among the lowest which were observed.

Dress	Prevalence			Incidence		
Drug	Lifetime	One-year	One-month	One-year	One-month	
Coca paste	0.9%	*	*	*	*	
Cocaine	2.8%	1.6%	1.3%	1.4%	0.7%	
Powder						
Crack cocaine	2.2%	1.4%	1.3%	1.0%	0.4%	
Ecstasy	2.5%	*	*	2.0%	0.6%	
Hallucinogens	0.8%	*	*	*	*	
Hashish	0.6%	*	*	*	*	
Heroin	1.7%	*	*	*	*	
Inhalants	20.3%	9.7%	7.0%	10.6%	6.2%	
Marijuana	22.0%	16.9%	11.0%	10.9%	4.5%	
Morphine	1.2%	*	*	*	*	
Opium	0.7%	*	*	*	*	
Stimulants	3.7%	1.9%	1.6%	2.5%	1.3%	
Tranquilizers	3.0%	1.9%	0.8%	2.3%	1.1%	
Other drugs	10.4%	*	*	5.1%	3.0%	
Any illegal	37.4%	25.1%	17.2%	19.3%	9.6%	
drugs						

#### Table 39: Prevalence and Incidence Rates for Less Commonly Used Drugs

Notes: (a) \* annual, current prevalence, incidence not asked;

(b) tranquilizers and stimulants refer to use without prescription.

# Perceptions of Harm (cocaine/crack, tranquilizers/stimulants, ecstasy and coca paste) (Table 40)

Students were asked to indicate their opinion about the level of harm posed by using cocaine/crack, tranquilizers/stimulants, ecstasy, and coca paste with varying frequency. Table 40 provides a summary of their responses.

## Cocaine/Crack

Approximately 6 out of every 10 students considered 'using cocaine/crack sometimes' to be very harmful to an individual's health. This was followed by those who considered it to be moderately harmful (22.5%). Very few students considered 'using cocaine/crack sometimes' to be slightly harmful (4.1%) or not harmful at all (1.9%). The remaining 8.1% did not know the level of harm associated with this.

The frequent use of cocaine/crack was thought to be very harmful by 80.6% of all students. Those who believed the frequent use of cocaine/crack to be moderately harmful (7.5%), slightly harmful (1.7%) or not harmful at all (1.2%) were much fewer in number. The remaining students (9.0%) did not know how harmful the frequent use of cocaine/crack is to one's health.

## Ecstasy

Just under one-half (47.2%) of all students felt that 'using ecstasy sometimes' is very harmful to one's health while just under one-quarter (23.7%) considered it to be moderately harmful. Very few students thought that using the drug sometimes is only slightly harmful (7.9%) or not harmful at all (2.7%). Approximately one-fifth (18.5%) of all students did not know the level of harm associated with 'using ecstasy sometimes'.

With regards to the frequent use of ecstasy, just over two-thirds (68.7%) of all students considered this to be very harmful to one's health. This was distantly followed by those who believed it to be moderately harmful (8.4%), slightly harmful (3.7%) or not harmful (1.5%). The remaining 17.6% indicated that they did not know how harmful the frequent use of ecstasy is to an individual's health.

## Coca Paste

Just over one-third of all students (34.9%) stated that 'using coca paste sometimes' was very harmful while approximately one-fifth (19.0%) felt that it was moderately harmful. Very few students considered 'using coca paste sometimes' to be only slightly harmful (5.6%) or not harmful (1.7%) to one's health; while approximately 39 out of every 100 students indicated that they did not know the level of harm posed by 'using coca paste sometimes'.

Nearly one-half of all students (48.1%) considered the frequent use of coca paste to be very harmful. Considerably less students believed it to be moderately harmful (9.4%), slightly harmful (2.3%) or not harmful at all (1.5%). Those persons who did not know the harm associated with the frequent use of coca paste accounted for 38.7% of all students.

## Tranquilizers/Stimulants

Most students were of the opinion that 'using tranquilizers/stimulants sometimes' is either very harmful (57.2%) or moderately harmful (21.5%). Very few considered it to be slightly harmful
(5.6%) or not harmful (1.3%), while the remaining 14.3% did not know the level of harm associated with using tranquilizers/stimulants sometimes.

The frequent use of tranquilizers/stimulants was thought to be very harmful by approximately three-quarters of the students (74.3%). Fewer students considered it to be moderately harmful (8.4%), slightly harmful (2.2%) or not harmful (1.1%). The remaining 13.8% were unaware of the harms associated with frequent tranquilizer/stimulant use.

Drug	Not	Slightly	Moderately	Very	Don't
	harmful	harmful	harmful	harmful	Know
Using cocaine/crack sometimes	1.9%	4.1%	22.5%	63.3%	8.1%
Using cocaine/crack frequently	1.2%	1.7%	7.5%	80.6%	9.0%
Using ecstasy sometimes	2.7%	7.9%	23.7%	47.2%	18.5%
Using ecstasy frequently	1.5%	3.7%	8.4%	68.7%	17.6%
Using coca paste sometimes	1.7%	5.6%	19.0%	34.9%	38.8%
Using coca paste frequently	1.5%	2.3%	9.4%	48.1%	38.7%
Using tranquilizers/stimulants	1.3%	5.6%	21.5%	57.2%	14.3%
sometimes					
Using tranquilizers/stimulants	1.1%	2.2%	8.4%	74.3%	13.8%
frequently					

#### Table 40: Perceptions of Harm for Less Commonly Used Drugs

# **Perception of Harm Summary**

A review of the perception of harm data for each of the drugs presented in this report allows for the identification of the following observations:

## Students were more likely to indicate that they did not know the harm associated with:

- Using coca paste (sometimes: 38.8%; or frequently: 38.7%)
- Using ecstasy (sometimes: 18.5%; or frequently: 17.6%)

#### Students were more likely to indicate that there was no harm associated with:

- Smoking marijuana (sometimes: 15.7%; or frequently: 9.1%)
- Inhaling second-hand marijuana smoke (10.0%)

#### Students were more likely to indicate that the following were very harmful:

- Smoking cigarettes frequently (77.5%)
- Using stimulants/tranquilizers frequently (74.3%)
- Using solvents/inhalants frequently (63.0%)
- Using marijuana frequently (61.0%)
- Using cocaine/crack (sometimes: 63.3%; or frequently: 80.6%)
- Using ecstasy frequently (68.7%)

# Access to Drugs

## Ease of Access (Table 41)

Students were asked to identify how difficult it would be for them to obtain a number of illicit drugs. Table 41 shows the level of difficulty associated with each drug.

#### Table 41: Access to Drugs

Drug	It would be easy for me	It would be hard for me	I would not be able to get any	Don't Know
Marijuana	46.6%	10.2%	16.9%	26.3%
Cocaine	12.3%	17.4%	28.7%	41.6%
Crack	10.4%	16.0%	31.1%	42.5%
Ecstasy	11.8%	15.5%	27.8%	44.9%
LSD	6.6%	15.8%	30.0%	47.6%
Heroin	10.2%	14.4%	30.0%	45.5%

#### Marijuana

Just under half (46.6%) of all students stated that it would be easy for them to obtain marijuana. In contrast, a much smaller proportion of the students (10.2%) said that it would be hard for them to obtain the drug while 16.9% indicated that they would unable to obtain it. The remaining 26.3% did not know the level of difficulty associated with obtaining marijuana.

#### Cocaine

Very few students (12.3%) stated that it would be easy for them to obtain cocaine. This was followed by those who said that it would be hard for them to obtain the drug (17.4%) and those who indicated that they would be unable to do so (28.7%). The largest proportion of students (41.6%) did not know how difficult it would be to access cocaine.

#### Crack

Approximately 4 out of every 10 (42.5%) students reported that they did not how difficult or easy it would be for them to obtain crack while just under one third (31.1%) stated that they would be unable to obtain the drug. The remaining students stated that it would be either hard (16.0%) or easy (10.4%) for them to access crack.

## Ecstasy

Most students stated that they either did not know the level of difficulty associated with obtaining ecstasy (44.9%) or would be unable to access the drug (27.8%). Of the remaining students, 15.5% indicated that it would be hard for them to obtain ecstasy while 11.8% revealed that it would be easy for them to get the drug.

## LSD

A very small proportion of students stated that it would be easy for them to access LSD (6.6%) while 15.8% indicated that it would be hard for them to do so. In contrast, the majority of students stated that they either did not know how difficult it would be for them to obtain LSD (47.6%) or would be unable to do so (30.0%).

## Heroin

Most students revealed that they either did not know the level of difficulty associated with obtaining heroin (45.5%) or would be unable to obtain the drug (30.0%). Alternately, very few students (10.2%) indicated that it would be easy for them to obtain heroin while the remaining 14.4% stated that it would be hard for them to do so.

## Drug Offers (Tables 42, 43 & 44)

Students were asked a number of questions regarding the last time they were offered drugs. Their responses to each question are presented below.

## When Last Offered Drugs

Table 42 shows the recency of drug offers students received for various illicit substances.

Drug	Over the past 30 days	More than 1 month ago but less than 1 year ago	More than 1 year ago	I have never been offered any
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## Table 42: When Student was Last Offered Drugs

Marijuana	18.1%	12.6%	8.5%	60.8%
Cocaine	2.6%	1.9%	2.3%	93.3%
Crack	1.4%	0.9%	2.2%	95.4%
Ecstasy	2.2%	2.0%	3.2%	92.6%
LSD	1.0%	0.7%	1.9%	96.4%
Heroin	1.6%	1.4%	2.5%	94.4%

## Marijuana

The majority of students (60.8%) stated that they have never been offered marijuana. This was distantly followed by those who were offered the drug: within the past 30 days (18.1%), more than 1 month ago but less than 1 year ago (12.6%), and more than 1 year ago (8.5%).

#### Cocaine

Most students have never been offered cocaine (93.3%). Of those students who have been offered the drug, there was a near equal distribution of those who were offered it: over the past 30 days (2.6%), more than 1 year ago (2.3%), and more than 1 month ago but less than 1 year ago (1.9%).

#### Crack

Very few students have ever been offered crack. Of those who have been offered the drug, 1.4% were offered it in the past 30 days, 0.9% more than 1 month ago but less than 1 year ago and 2.2% more than 1 year ago. The majority (95.4%) have never been offered crack.

#### Ecstasy

Approximately 9 out of every 10 (92.6%) students have never been offered ecstasy. In contrast, 2.2% were offered the drug within the past 30 days while 2.0% were offered it more than 1 month ago but less than 1 year ago. The remaining 3.2% reported being offered ecstasy more than 1 year ago.

#### LSD

The students who reported being offered LSD are in the minority (3.6%). Of those who have been offered the drug, 1.9% stated that they were offered the drug more than 1 year ago. This was followed by those who were offered the drug in the past 30 days (1.0%) and those were

offered it more than 1 month ago but less than 1 year ago (0.7%). The majority of students (96.4%) have never been offered the drug.

## Heroin

While most students (94.4%) stated that they have never been offered heroin, a small proportion have reportedly been offered the drug. Such offers took place: more than a year ago (2.5%), within the past 30 days (1.6%) and more than 1 month ago but less than 1 year ago (1.4%).

## Where Last Offered Drugs

Students were also asked to indicate the location at which they were last offered various illicit drugs. Table 43 shows the responses by drug type.

Drug	Home	School	On the Block	Friend's House	Sporting Event	Other Social Events	Other	I have never been offered any
Marijuana	5.5%	5.5%	8.7%	3.1%	1.3%	11.3%	5.5%	59.1%
Cocaine	0.4%	0.8%	2.0%	0.8%	0.2%	1.8%	1.6%	92.3%
Crack	0.1%	0.3%	2.1%	0.6%	0.1%	0.8%	1.4%	94.6%
Ecstasy	0.9%	0.8%	1.3%	0.7%	0.4%	2.1%	1.3%	92.6%
LSD	0.4%	0.4%	0.7%	0.1%	0.6%	0.5%	1.1%	96.3%
Heroin	0.5%	0.6%	1.6%	0.2%	0.0%	1.1%	1.4%	94.5%

## Table 43: Location of Last Drug Offer

## Marijuana

The most common locations at which students reported being offered marijuana are: other social events (11.3%), on the block (8.7%), home (5.5%), school (5.5%) and other undisclosed locations (5.5%). Reports of offers at friends' houses (3.1%) and sporting events (1.3%) were much less frequent.

## Cocaine

The locations at which students have reportedly been offered cocaine include: the block (2.0%), other social events (1.8%), other undisclosed locations (1.6%), school (0.8%), a friend's house (0.8%), home (0.4%) and sporting events (0.2%).

## Crack

The locations at which students have been offered crack in order of frequency are: the block (2.1%), other undisclosed locations (1.4%), other social events (0.8%), a friend's house (0.6%), school (0.3%), home (0.1%), sporting events (0.1%).

## Ecstasy

For those students who have been offered ecstasy, other social events (2.1%), the block (1.3%) and other undisclosed locations (1.3%) were the most commonly reported locales at which such offers took place. These were closely followed by: home (0.9%), school (0.8%), a friend's house (0.7%) and sporting events (0.4%).

## LSD

While most students have never been offered LSD (96.3%), there were reports of students being offered the drug at: other undisclosed locations (1.1%), the block (0.7%), sporting events (0.6%), other social events (0.5%), home (0.4%), school (0.4%) and a friend's house (0.1%) respectively.

## Heroin

Only a small proportion of students have been offered heroin. Of those students who received such offers, they occurred: on the block (1.6%), at other undisclosed locations (1.4%), at other social events (1.1%), at school (0.6%), at home (0.5%), and at a friend's house (0.2%) respectively.

## Who Last Offered Drugs

Students were asked to indicate the person who last offered them various illicit drugs. The responses to this item are presented by drug type in Table 44.

Drug	Relative/ Family Member	Relative/ Family MemberSomeone you know but who is not a friend		Someone you do not know	I have never been offered any
Marijuana	5.3%	24.4%	9.7%	2.5%	58.1%
Cocaine	1.0%	2.4%	2.4%	1.8%	92.3%

## Table 44: Person Who Last Offered Student Drugs

Crack	0.5%	1.1%	2.3%	1.3%	94.8%
Ecstasy	1.1%	2.7%	2.5%	1.1%	92.6%
LSD	0.4%	1.5%	1.3%	0.9%	96.0%
Heroin	0.9%	1.4%	1.8%	1.5%	94.5%

## Marijuana

Approximately one-quarter (24.4%) of students reported that they have been offered marijuana by a friend while 9.7% stated that they were offered the drug by someone they know who is not their friend. Few students reported being offered marijuana by family members (5.3%) and persons they do not know (2.5%).

#### Cocaine

An equal number of students reported being offered cocaine by friends (2.4%) and someone they know but who is not their friend (2.4%). Fewer persons were offered cocaine by strangers (1.8%) and family members (1.0%).

#### Crack

Of those persons who have been offered crack, most reported being offered the drug by someone they know but who is not a friend (2.3%). This was followed by those who were offered the drug by a stranger (1.3%), a friend (1.1%) and a family member (0.5%).

## Ecstasy

Near equal numbers of students reported being offered ecstasy by a friend (2.7%) or by someone they know but who is not their friend (2.5%). Likewise, an equal number of students reported being offered the drug by a relative/family member (1.1%) or a stranger (1.1%).

#### LSD

Friends (1.5%) and someone they know but who is not a friend (1.3%) were the most commonly sited persons who offered students LSD. This was followed by strangers (0.9%) and relatives/family members (0.4%).

#### Heroin

There was little variation in the number of students who reported being offered herion by: someone they know but who is not a friend (1.8%), strangers (1.5%) and friends (1.4%). Fewer persons reported being offered heroin by relatives/family members (0.9%).

## **Drugs in the School Environment (Table 45)**

#### Drugs at School

When asked, 6 out of every 10 students (60.5%) were of the opinion that drugs are present at school. This was distantly followed by those who did not know if they were drugs on the school compound (31.6%) and those who did not believe that there were drugs at their school (7.8%).

## Students Bring, Try or Deal Drugs at School

Approximately two-thirds (67.6%) of all students believed that there are students who bring, try or deal drugs on the school compound. In sharp contrast, only 5.5% were of the opinion that this does not happen at their school. The remaining 27.0% selected the "don't know" response option.

#### **Drugs Near to School**

When asked if they believe that there are drugs in the area surrounding or next to their school, 65.3% revealed that they do believe so while 28.3% did not know. Only 6.4% did not believe that there were drugs near their school.

#### Students Try, Buy or Deal Drugs near School

Just over half (53.8%) of all students believed that there are students who try, buy or deal drugs in the area surrounding their school or just outside of the school itself. Alternately, 9.9% of students did not believe that this occurs while 36.3% did not know.

#### Ever Seen Students Selling or Giving Drugs At or Around School

When asked if they have ever personally seen a student selling or giving drugs to another individual at or near their school, very few students (31.3%) indicated that they have had such an experience. In fact, most students (55.8%) stated that they had never seen this happen, while 12.9% did not know if they had seen such a transaction take place.

## Ever Seen Students Using Drugs At or Near School

When asked if they have ever personally seen another student using drugs at or near their school, 41.0% stated that they have in fact seen this occur while 49.0% stated that they have not. The remaining 10.0% did not know if they had witnessed such an event.

Table 45: Drug	s in	School	Environm	nent
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	Yes	No	Don't Know
Believe that there are drugs at school	60.5%	7.8%	31.6%
Believe that students bring, try or deal drugs at school	67.6%	5.5%	27.0%
Believe that there are drugs near to school	65.3%	6.4%	28.3%
Believe that students try, buy or deal drugs near school	53.8%	9.9%	36.3%
Ever seen students selling or giving drugs to another at or around	31.3%	55.8%	12.9%
school			
Ever seen students using drugs at or near school	41.0%	49.0%	10.0%

# 4. Discussion

Adolescents' misuse of drugs and alcohol has been recognized as a public health problem in Barbados (NCSA, 2006). Although not all adolescents who use alcohol or drugs will go on to have long-term problems, the significant risks associated with alcohol and other drug use during this developmental period warrants early intervention.

## **Comparison of the 2013 and 2006 Prevalence and Incidence Rates**

#### Prevalence (See Appendix 1)

In 2013, alcohol, tobacco, marijuana and inhalants were found to be the substances used most often by students. This corresponds with the findings of the previous secondary school survey conducted in 2006 which also showed that these were the top four substances used by students. Furthermore, it should be noted that similar lifetime prevalence rates for alcohol (2013: 72.4%; 74.7%), tobacco (2013: 21.8; 2006: 21.3%) and inhalants (2013: 18.6%; 2006: 19.7%) were uncovered by both surveys. However, there was a notable increase in the number of students who reported using marijuana at some point in their lifetime (2013: 27.5%; 2006: 17.7%).

As was the case in 2006, significant numbers of students reported using alcohol, marijuana and tobacco at least once in the 12 months leading up to the survey. More specifically, more than one half (56.3%) of the students reported consuming alcohol during this period in the 2013 survey which is comparable to the 54.9% found in 2006. With regards to marijuana, 16.9% reported one-year use of this drug in 2013 versus 10.8% in 2006. For tobacco, approximately one in 16 students (6.8%) reported smoking cigarettes during the 12 month period in 2013 versus one in ten (10.8%) in 2006, representing a 4% reduction in the one-year prevalence.

When compared to the findings of the 2006 survey, the results from the 2013 survey revealed an increase in the percentage of students who were current users of illegal drugs (2013: 17.2%; 2006: 12.7%). The most commonly used illegal drug was marijuana, which had an 11% current use prevalence rate. This represents a 5% increase over the current use prevalence rate for marijuana reported in 2006. There were also slight increases in the current use of cocaine (2006: 0.5% versus 2013: 1.3%) and crack (2006: 0.5% versus 2013: 1.3%). With regards to legal substances, a similar number of students reported being current users of alcohol and tobacco in 2013 and 2006 (alcohol – 2006: 34% versus 2013: 32.8%; tobacco – 2006: 3.5% versus 2013: 3.0%).

It should be noted that inhalant use continues to pose a risk for students, especially female students. Over one-fifth (22.6%) of female students reported lifetime inhalant use in 2013 which is comparable to the 21.3% found in 2006. Likewise, the number of female students who reported the current use of inhalants in 2013 (8.7%) was also similar to that found in 2006 (7.6%). With respect to male students, approximately 20% indicated lifetime use in 2013 versus 18% in 2006. Similar current use rates were also obtained for males in 2006 and 2013 (2013: 5.3%; 2006: 4.9%).

#### Incidence (See Appendix 2)

As in 2006, the one-year incidence rate for both legal and illegal drugs was of some concern. The proportion of students who reported using alcohol for the first time in the one-year period preceding the survey was 43.1%, which was slightly down from 47.5% in 2006. The one-year incidence of cigarettes (2013: 6.2%; 2006: 6%) and inhalants (2013: 10.6%; 2006: 10%) was similar to that reported in 2006. In the case of illegal drugs, the one-year incidence rate for marijuana was about 10.9%, which represented an increase of 4% over 2006.

#### No Lifetime or Current Use

While the statistics regarding reported lifetime and current use were notably high and of great concern, it should be highlighted that just under two out of every three students (62.6%) had never used an illegal drug and more than eight out of every 10 students (82.8%) were not currently using such substances (illegal drugs). In addition, just over eight out of 10 students (82%) had reportedly never smoked a cigarette in 2013 versus 78% of students in 2006. Furthermore, 97% of students were not presently smoking cigarettes versus 94% of students in 2006. In this regard, efforts to reduce cigarette smoking among adolescents appear to show decreasing rates of smoking and should be supported. Such efforts contribute to healthy lifestyle choices and may be attributed to several factors including: media messages about harm caused by smoking, restrictions in access to tobacco by minors, increased taxation on tobacco products, public smoking bans and increased advertising on cigarette packages about the harms associated with smoking.

It should also be noted that strategies similar to those used to reduce smoking can be applied to alcohol. As such, strategies to reduce alcohol consumption among adolescents can include: setting a minimum legal purchasing and/or drinking age, restricting the types of alcoholic beverages sold in stores, restricting the density of stores selling alcoholic beverages in a given area, restricting the hours of business when alcohol can sold, mandatory training of alcoholic servers and increasing the price of alcohol. The comprehensiveness and stringency of this country's regulatory policies may be particularly important for reducing alcohol consumption and related harms among youth.

## **Perceived Harm**

The perception of harm findings were similar in 2006 and 2013 whereby the students in both surveys were of the opinion that even the infrequent use of substances, including tobacco, alcohol and marijuana, was harmful. Of note however, is the fact that while more than three-quarters (77.5%) of all students considered the frequent smoking of tobacco cigarettes to be very harmful, only 61.0% considered the frequent smoking of marijuana to be very harmful. In relation, the students who considered frequent marijuana use to be only slightly harmful (9.2%) or not harmful at all (9.1%) were greater in number than those who considered frequent tobacco smoking to be slightly harmful (4.1%) or not harmful (1.4%).

With regards to alcohol, approximately four out of every 10 students (43.7%) considered the frequent consumption of alcoholic beverages to be very harmful while 18.4% believed it to be only slightly harmful. A very small proportion (4.8%) of students did not consider drinking alcohol frequently to be harmful. Frequent inhalant use was considered to be very harmful by almost two-thirds of all students (63.0%). In contrast, very few students considered the frequent use of substances to be slightly harmful (5.5%) or not harmful at all (2.0%).

Overall, the low perception of harm related to alcohol and marijuana use may be a possible link to the high prevalence rates (lifetime, annual and current) uncovered for these two substances. Thus, there is a clear need for continuous education programmes about the harmful consequences of substance use.

## **Attitude to Illegal Drug Use**

As was stated earlier in this report, the National Institute of Drug Abuse (NIDA 2008) has identified four main reasons why people misuse substances: to feel good, to feel better, to do better, and out of curiosity or because others are doing it. In this survey, more than a third (37.3%) of all students revealed that they have been curious about trying illicit drugs. Similarly, just under one-third (32.7%) have been curious about trying marijuana. In contrast, almost all students indicated that they have never been curious about trying cocaine (91.0%), crack (94.7%) or ecstasy (86.6%). The great disparity between the curiosity levels associated with marijuana use and the use of the other three drugs coupled with the prevalence rate data which reveals considerably more marijuana use, suggests that curiosity may contribute to illegal substance use among Barbadian secondary school students, particularly the use of marijuana.

## Availability/Access to Drugs

For Bronfenbrenner and Morris (1998), the potential influences on opportunities to use alcohol, tobacco and other drugs are linked to one's family and peers and the neighborhood one resides in. This corresponds with the 2013 finding that friends were the most common source from which students obtained alcohol and marijuana, two of the most popular substances reportedly used by students in this survey. More specifically, friends were cited as the source for alcohol by approximately one third of students (27.2%) and as the source for marijuana by 56.8% of persons who have used this drug. These findings are similar to those uncovered by the 2006 survey and highlight the importance of friendship patterns in the adoption of drug use among youth.

Family members were also commonly cited sources from which students obtained alcohol (parents/guardians: 20.1%; siblings: 2.5%; other relatives: 12.9%) and marijuana (parents/guardians: 4.9%; siblings: 3.7%; other relatives: 5.5%). This too parallels Bronfenbrenner and Morris's (1998) notion and points to the possible role of the family in adolescent substance use.

In addition, students were also asked to indicate how easy it would be for them to obtain various illegal drugs. Just under half (46.6%) of all students stated that it would be easy for them to obtain marijuana, a finding which was similar to that uncovered in 2006 (45%). In contrast, a much smaller proportion of the students (10.2%) said that it would be hard for them to obtain the drug while 16.9% indicated that they would unable to obtain it. Furthermore, marijuana was perceived to be the easiest drug to obtain, distantly followed by cocaine, ecstasy, crack, heroin and LSD. These findings are similar to those uncovered in 2006, at which time it was also found that marijuana was considered to be the easiest drug to obtain followed by cocaine and the remaining drugs. Given the realization that marijuana is both the most commonly used illegal drug and the drug which is considered the easiest to obtain, it would appear that ease of access is also a key variable in adolescent drug use.

## **Cross-Tabulations**

Cross-tabulations between the prevalence of substance use and numerous variables were presented. Among these were cross-tabulations between prevalence rates and: the number of repeated grade levels; the likelihood of finishing school and relationships with parents and teachers.

#### **Educational Factors**

As in the 2006 survey, higher proportions of substance use were consistently found to be related to the number of grade levels repeated by a student. For example, higher lifetime prevalence rates for alcohol, tobacco and marijuana use were observed among those who reported repeating a grade level as compared to those who never repeated a level. This trend was also observed for the one-year and one-month prevalence rates for these substances. In a similar manner, there were also higher proportions of drug use among those who were reportedly less likely to finish secondary school.

The quality of the student-teacher relationship was another key variable which was crosstabulated with the prevalence rates for each drug presented within this report. Lower prevalence rates were generally found among students who reported having better relationships with their educators. In contrast, those students who reported having poor student-teacher relationships typically reported higher levels of drug use.

#### **Parental Factors**

In this survey, cross-tabulation data generally revealed lower prevalence rates for both licit and illicit drug use among those students whose parents were more greatly involved in their daily lives. Similarly, students who reported having higher quality relationships with their parents, and whose parents had better relationships with each other, also tended to have lower prevalence rates. These are important findings as a strong parent-child relationship has been identified as an important protective factor for preventing substance abuse problems during adolescence, as well as in young adulthood (Davis & Spillman, 2011).

## **Recommendations**

- 4. There is a need for further investigation and monitoring of drug use and vulnerability factors among young people who may be at significantly greater risk of developing chronic drug problems. Drug prevention strategies focusing on reducing vulnerability among adolescents should include:
  - Selective interventions aimed at improved academic performance and reduced drug involvement among high school students whose poor academic records and behavioral problems indicate they are at high risk of dropping out of school and abusing drugs.
  - Interventions that focus on the social environment in which adolescents live. For example, curiosity does not stand in isolation, and may suggest adolescents' wide exposure to illicit drugs within the home or other social environments as well as easy access to drugs once they become addicted.

- A focus on changing parenting behaviours or parental modelling to prevent adolescents' drug use.
- Efforts to promote the development of positive student-teacher relationships.
- 5. Under the current Liquor Licensing Act (1957), young people of any age can purchase alcohol. A continued policy of restricting alcohol use to adolescents should be supported. This can be achieved through increasing the price of alcohol, thereby increasing the resources necessary to obtain it or the potential costs for possessing or consuming it. In addition, consideration should be given to instituting a minimum purchasing and legal drinking age as well as the training of alcoholic beverage servers to detect underage drinking, and to deter binge drinking.
- 6. The use of illicit drugs on the school compound presents challenges for school officials, law enforcement and drug prevention professionals. As such, principals and teachers should be become acquainted with the Barbados Education Act (2002). Section 64 A (3) of this Act outlines the procedures for dealing with students who have in their possession any intoxicating liquor or controlled drug within the meaning of section 3 of the Drug Abuse (Prevention and Control) Act, 1991. In addition, attempts to foster collaborative relations between community leaders, law enforcement and school officials should be encouraged. Such a collaborative approach should focus on the reporting of legal and illegal drug use by adolescents in the community and school settings.

# 5. Conclusion

In conclusion, the results from this survey highlight the problems of substance availability, the somewhat low perception of harmfulness associated with drug use, attitudes toward illegal drug use and low age of first use. It is however of great concern that adolescents began using drugs during childhood (9 years) and have a low perception of harm related to alcohol and marijuana use which continues to be possibly linked to the high prevalence of annual and current use for these two substances. In light of this, and based on the findings of the survey, public education on drug related harms may be one of several intervention points for future prevention activities.

In this regard, school based education programmes are the best way of reaching the target population and are an effective way of ensuring that over time, critical knowledge is provided to the entire population. However, there is a need for future research to establish how this information can best be delivered to the target population and whether it or not it is effective in reducing drug use (Lijun et al., 2009). In addition, it would be unrealistic to expect that drug education programmes alone would reduce drug use, without addressing broader influences such as family structure disruption, unemployment, dropping out of school and rising social inequalities. Furthermore, the ease with which the respondents indicated they could access marijuana indicates a need for further review of the supply reduction initiatives currently in place. However, supply reduction efforts should be viewed within the broader cultural, social, and political challenges in drug prevention and reduction as a whole.

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# 7.1 Appendix 1 – Comparison of 2006 & 2013 Prevalence Rates

## Table 46: Comparison of 2006 & 2013 Prevalence Rates

		L	lifetime l	Prevalenc	ce		One-Year Prevalence						One-Month Prevalence					
		2006	-		2013	-		2006	_		2013	-		2006	-		2013	-
Dava	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
Tobacco	21.3%	22.3%	20.3%	18.1%	21.8%	16.6%	7.6%	6.6%	8.4%	6.8%	91%	5.6%	3 5%	3.6%	3.2%	3.0%	4 0%	2.4%
100400	74.7%	71.5%	77.5%	71.2%	72.4%	74.7%	54.9%	51.9%	57.3	56.3	55.2	60.2	34.0%	32.0	35.4%	32.8	34.1	33.8
Alcohol	///	/ 110 /0	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	, 112, 10	//	/ / .	0 119 /0	011970	%	%	%	%	0 110 /0	%	001170	%	%	%
	17.7%	20.4%	14.8%	22.0%	27.5%	19.6%	10.8%	12.4%	9.0%	16.9	20.3	15.5	6.0%	8.1%	4.3%	11.0	14.6	9.2%
Marijuana										%	%	%				%	%	
Cocaine	2.0%	*	*	2.8%	4.4%	1.8%	0.9%	*	*	1.6%	2.9%	0.8%	0.5%	*	*	1.3%	2.5%	0.6%
Crack	2.0%	*	*	2.2%	3.2%	1.6%	0.7%	*	*	1.4%	2.6%	0.7%	0.5%	*	*	1.3%	2.6%	0.4%
	19.7%	17.7%	21.3%	20.3%	18.6%	22.6%	9.9%	7.7%	11.9	9.7%	7.8%	11.8	6.5%	4.9%	7.6%	7.0%	5.3%	8.7%
Inhalants									%			%						
Coca Paste	1.1%	*	*	0.9%	1.1%	0.9%	*	*	*	*	*	*	*	*	*	*	*	*
Ecstasy	1.9%	*	*	2.5%	3.7%	1.9%	0.7%	*	*	*	*	*	0.4%	*	*	*	*	*
Hallucinogen	3.4%	*	*	0.8%	1.5%	0.4%	*	*	*	*	*	*	*	*	*	*	*	*
S																		
Hashish	1.1%	*	*	0.6%	0.8%	0.5%	*	*	*	*	*	*	*	*	*	*	*	*
Heroin	0.9%	*	*	1.7%	1.7%	1.8%	*	*	*	*	*	*	*	*	*	*	*	*
Morphine	1.2%	*	*	1.2%	1.8%	0.8%	*	*	*	*	*	*	*	*	*	*	*	*
Opium	0.9%	*	*	0.7%	1.1%	0.4%	*	*	*	*	*	*	*	*	*	*	*	*
Stimulants	3.5%	*	*	3.7%	3.9%	3.8%	2.3%	*	*	1.9%	*	*	1.6%	*	*	1.6%	*	*
Tranquilizers	2.6%	*	*	3.0%	3.1%	3.1%	1.1%	*	*	1.9%	2.4%	1.6%	0.8%	*	*	0.8%	1.3%	0.4%
Other Drugs	5.1%	*	*	10.4%	13.3%	9.0%	4.2%	*	*	*	*	*	2.4%	*	*	*	*	*
Any Illegal	34.4%	*	*	37.4%	42.4%	36.1%	20.1%	*	*	25.1	26.1	26.0	12.7%	*	*	17.2	18.4	17.5
Drug										%	%	%				%	%	%

\* = Not Available



Comparison of 2006 & 2013 One-Year Prevalence Rates for Most Commonly Used Substances





# 7.2 Appendix 2 – Comparison of 2006 & 2013 Incidence Rates

#### Table 47: Comparison of 2006 & 2013 Incidence Rates

		(	One-Year		One	-Month	Inciden	ice				
		2006			2013			2006			2013	
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
Drug												
Tobacco	6.6%	*	*	6.2%	6.2%	6.2%	2.3%	*	*	2.3%	4.3%	1.0%
Alcohol	47.5 %	*	*	43.1%	40.8%	49.1%	28.7%	*	*	23.8 %	26.0 %	25.8 %
Marijuana	5.9%	*	*	10.9%	10.6%	11.8%	2.3%	*	*	4.5%	5.7%	4.1%
Cocaine	0.9%	*	*	1.4%	2.8%	0.5%	0.5%	*	*	0.7%	1.5%	0.1%
Crack	0.7%	*	*	1.0%	2.0%	0.3%	0.3%	*	*	0.4%	1.1%	0.0%
Inhalants	9.9%	*	*	10.6%	9.9%	12.0%	6.9%	*	*	6.2%	6.6%	6.5%
Coca Paste	*	*	*	*	*	*	*	*	*	*	*	*
Ecstasy	0.8%	*	*	2.0%	3.4%	1.2%	0.3%	*	*	0.6%	1.0%	0.4%
Hallucinogens	*	*	*	*	*	*	*	*	*	*	*	*
Hashish	*	*	*	*	*	*	*	*	*	*	*	*
Heroin	*	*	*	*	*	*	*	*	*	*	*	*
Morphine	*	*	*	*	*	*	*	*	*	*	*	*
Opium	*	*	*	*	*	*	*	*	*	*	*	*
Stimulants	1.8%	*	*	2.5%	4.0%	1.6%	0.9%	*	*	1.3%	2.6%	0.5%
Tranquilizers	0.8%	*	*	2.3%	3.0%	1.9%	0.5%	*	*	1.1%	1.8%	0.8%
Other Drugs	3.4%	*	*	5.1%	7.7%	3.6%	1.5%	*	*	3.0%	5.8%	1.3%
Any Illegal	15.9	*	*	19.3%	20.1%	20.4%	9.3%	*	*	9.6%	11.9	9.0%
Drug	%										%	

\* = Not Available



# 7.3 Appendix 3

## Survey of Secondary School Students in Barbados Standardized Questionnaire 2013

#### Good morning/Good afternoon -

The NCSA in collaboration with the Inter-American Drug Control Commission (CICAD), is conducting a survey of secondary school students in Barbados on issues involving public health. This survey is currently being conducted in other countries by CICAD, and is aimed at obtaining information to orient, as best as possible, a series of actions geared to solving public health problems. To this end, your cooperation in this survey shall be very useful. Your answers are absolutely confidential, that is, no one other than the research team will have access to them. In addition, there is no way that anyone can identify you with your answers, as you must not write down any of your personal information anywhere. That is why we are asking you to answer honestly and sincerely.

#### Please begin filling out this questionnaire on the following page (page 2, question 7).

1. COUNTRY	<b>2. CITY</b>	3. QUESTIONNAIRE
		NUMBER

4. Type of school	5. Type of students at school			
1.Public	1.Only males			
2.Private	2.Only females			
3.Other (Specify:)	3.Both males and females (coed)			

6. Grade or form the student is attending:	6A Contro	ol Numb	ber:	
1.Eighth grade or 2nd Form	Sch	ool	Class	
2.Tenth grade or 4th Form				
<b>3. Eleventh grade or 5th Form</b>				
4.Twelfth grade or 6th Form				

# ST.1. THE STUDENT BEGINS TO FILL OUT THE QUESTIONNAIRE HERE

7. Gender	8. Age (at last birthday)
1. Male       2. Female	Age (at last birthday)
9. What is your parents'/guardians' marital status? (in relation to each other)	10. With whom do you live? (you may tick as many options as necessary)
status? (in relation to each other)         1. Single         2. Married         3. Divorced         4. Separated         5. Widow(er)         6. Living together/common law         7. Other	as many options as necessary)         1. Father         2. Mother         3. Brother and/or Sister         4. Stepmother         5. Stepfather         6. Wife/Husband         7. Girlfriend/Boyfriend         8. Guardian(s)         9. Other relative
	10. Friend       11. Alone       12. Other

# ST.2. PARENTAL INVOLVEMENT

11. After school hours or on weekends, how	12. As a rule, do any of your				
often does your mother or father or	parents/guardian(s) focus on or know the				
guardian know where you are? Let's say for	programs you watch on television?				
one or more hours.					
1. They never or almost never know where I am2. Sometimes they do not know3. They always or almost always know where I am	1.Yes           2.No				
13 How closely do your parents/guardian(s)	14 In a normal week, how many days do you				
(or one of them) nay attention to what you	sit down together you and your parents/				
are doing in school?	guardian(s) (or one of them) at the same table				
	whether for breakfast, lunch, supper or dinner?				
	(Check just one option)				
1 Vary alagely	(e				
1. Very closely					
2. Closely	1. Never				
3. Somewhat	2. One single day				
4. Not at all	3. Two days				
	4. Three days				
	5. Four days				
	6. Five days				
	7. Six days				
	8. Every day				

15.	On	weekends,	do your	16. When	n you go out in the afterne	oon or on		
pare	parents/guardian(s) (or one of them) control			weekends, do your parents/guardian(s) (or				
wha	t time you	i come home at	t night?	one of the	one of them) ask you and/or expect you to			
			tell them	where you are going?				
	1. Y	es						
				1.	Yes			
	2. N	0				_		
	3 P	oraly		2.	No			
	J. K	arciy		3	Rarely	_		
	4. N	lever		5.	Ratery			
				4.	Never			
17.	As a rule,	, how well do	you think your					
pare	ents/guard	lian(s) (or one	of them) know					
your	closest fr	riends?						
	1. Very w	vell						
	2.14	1						
	2. More of	or less						
	3. Slightl	V						
	0	-						
	4. Not at	all						

How do you think your father, mother or guardian would react in the following situations?	1. Extremely upset	2. Very upset	3. Somewhat upset	4. Not upset	5. I have no idea how they would react	<ul> <li>6. Not applicable,</li> <li>I have no living father/mother</li> <li>/guardian or I have never seen them</li> </ul>
18. If your father/guardian catches you coming home tipsy or drunk.						
19. If your mother/guardian catches you coming home tipsy or drunk.						
20. If your father/guardian finds out you are smoking marijuana						
21. If your mother/guardian finds out you are smoking marijuana						

FOCUSING ON	1. Very	2. Good	3. Bad	4. Very	Not applicable,
YOUR	good			Bad	I have no living
RELATIONSHIP					father/mother/guardia
WITH YOUR					n, I have no
PARENTS/					relationship with
GUARDIAN(S)					them
22. How would you					
describe the					
relationship you					
currently have with					
vour					
father/guardian?					
23. How would you					
describe the					
relationship you					
currently have with					
your					
mother/guardian?					
24. How would you					
describe the					
relationship your					
Parents/ guardian(s)					
have with each other?					
Describe it even if					
they do not live					
together.					

25. Have you had any serious conversations		26. Focusing now on your parents/			
with any of your parents/guardian(s) about		guardian(s), do you believe that any one of			
the dangers of drug use?		them used any illegal drug when they were			
1. YES           2. NO		young?       1.YES       2.NO       3. I don't know			

regularly smoke at least one cigarette per day?	brothers or sisters or anybody else living at home with you currently use any drug?
1.YES, my father/guardian2.YES, my mother/guardian3.YES, both4.NO, neither of them	1.YES       2.NO       3. I don't know

**29 and 30.** Which one of the following best describes *your father's and mother's or guardian's drinking habits* regarding alcohol? (e.g. wine, beer, magnum, Smirnoff ice, hard liquor) Select only **one response** for Q.29 and **one response** for Q.30.

	Answer Q.29	Answer Q.30 Mother/
	Father/ Guardian	Guardian
1. Never drinks any alcohol		
2. Only on special occasions		
3. Only on weekends, but never during the		
week		
4. Sometimes during the week		
5. Drinks alcohol every day		
6. Not applicable, I have no living		
father/mother/ guardian, or I never see them		

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31.	How happy do you feel when you g	go to	32.	Speaking generally, would you say	that
scho	pol?		you feel a sense of belonging at school?		
	1.Very happy			1.YES	
	2. Fairly happy			2.NO	
	3. Neither happy/nor unhappy				
	4. Unhappy				
	5. Very unhappy				
33.	In the past year, how often did you	skip	34.	In the past year, how many full o	lays
scho	ool without permission for a part of	f the	wer	e you absent from school? Choose on	e of
day	or the entire day?		the	following options.	
	1.Never			1. Less than 5 days	
	2.A few times			2. Between 5 and 10 days	
	3.Several times			3. Between 11 and 20 days	
	4.Often			4. Between 21 and 30 days	
				5. More than 30 days	
35.	How would you describe the relation	ship			
you	generally have with your teachers at	,			
scho	001?				
	1. Very good				
	2. Good				
	3. Average				
	4. Bad				
	5. Very bad				

<b>1. YES</b>	2. NO	3. I do not
		know
		1. YES 2. NO

40. Do you have a job in addition to going to school?	42. How likely is it that you will complete high school/secondary school?		
1. YES	1.Very likely		
2. NO (Go to # 42)	2. Likely		
	3. Not very likely		
41. How many hours a week do you work at your job?	4. Impossible		
Hours	5. Don't know		

43. How likely is that you will go to University?	44. How many grade levels or years have you had to repeat throughout your school years?		
1. Very likely         2. Likely         3. Not very likely         4. Impossible         5. Don't know	1. None       2. One       3. Two or more		
45. Have you ever had behavioural and disciplinary problems during your school years? (e.g. detentions, suspensions, being sent to the headmaster/mistress or corporal punishment).	46A. If your close friends knew you were smoking marijuana/ganja, how many of them would try to convince you to stop?		
1. Never           2. Once	1. All           2. Some		
3. A few times       4. Often	3. None		
	46B. If your close friends knew you were smoking marijuana/ganja, how many of them would disapprove?		
	1. All           2. Some           3. None		

JUST FOCUSING ON YOUR FRIENDS NOW	1. None	2. One	3. Some	4. A lot
47. How many of your friends drink alcohol regularly? Let's say every weekend, evenings after school or even more				
often				
48. How many of your friends smoke marijuana regularly?				
Let's say every weekend, evenings after school or even more often				
## ST.3.RISK PERCEPTION AND CURIOSITY

## **49.** <u>In your opinion</u>, how harmful are the following to your health?

# MARK YOUR ANSWER WITH AN X IN THE CHECKBOX

	1.	2.	3.	4.	5.
	Not harmful	Slightly harmful	Moderately harmful	Very harmful	Don't know
1. Smoking cigarettes sometimes					
2. Smoking cigarettes frequently					
3. Drinking alcoholic beverages frequently					
4. Getting drunk					
5. Taking tranquilizers/stimulants without medical prescription sometimes					
6. Taking tranquilizers/stimulants without medical prescription frequently					
7. Inhaling solvents sometimes					
8. Inhaling solvents frequently					
9. Smoking marijuana sometimes					
10. Smoking marijuana frequently					
11. Consuming cocaine or crack sometimes					
12. Consuming cocaine or crack frequently					
13. Consuming coca paste sometimes					
14. Consuming coca paste frequently					
15. Consuming ecstasy sometimes					
16. Consuming ecstasy frequently					
17. Inhaling second hand cigarette smoke					

18. Inhaling second hand marijuana			
smoke			

<b>50A. Have you ever been curious about trying an illicit drug?</b> (example: marijuana, cocaine, crack, ecstasy, beady or similar)			bus about k, ecstasy,	<b>51. If you had the opportunity, would you try an illicit drug?</b> (example: marijuana, cocaine, crack, ecstasy, beady or similar)			
1. YES				1. YES			
2. NO				2. NO			
3. Not sure				3. Not sure			
50B. Have you ever be of the following drugs	en curi ?	ious to	o try any				
	I. Yes	2. No	3. Maybe				
1. Marijuana/Ganja							
2. Cocaine							
3. Crack							
4. Ecstasy							

#### ST.4. ACCESS TO ILLICIT DRUGS AND SUPPLY

52. How hard or easy would it be for you to	1. It	2. It	3. I	4. I do not
get any of the following drugs?	would be	would be	would	know if it
(Mark with an X the corresponding checkbox for each drug)	easy for me	hard for me	not be able to get any	would be hard or easy
1. Marijuana				
2. Cocaine				
3. Crack				
4. Ecstasy				
5. LSD				
6. Heroin				

53. When was the <u>last time</u> someone	1. Over the	2. More	3. More	4. I have
offered you any of these drugs,	past 30	than one	than one	never been
whether to buy or try?	days	month ago,	year ago	offered any
		but less		
(Mark with an X the corresponding		than one		
cneckbox for each arug)		year ago		
1. Marijuana				
2. Cocaine				
3. Crack				
4. Ecstasy				
5. LSD				
6. Heroin				

54. Think back to the last time you were offered one of the following drugs. Where did that occur?	1. At home	2. At school	3. On the block	4. At a friend's house	5. At sporting events	6. At other social events	7. Other	8. I have never been offere d
1. Marijuana								
2. Cocaine								
3. Crack								
4. Ecstasy								
5. LSD								
6. Heroin								

55. Think back to the last time you	1. A relative/	2. A	3.	4.	5. I
were offered any of the following	<b>C</b> 11	friend	Someone	Somebody	have
drugs; Who was the person	Tamily		you	you do not	never
offering it?	member		know	know	been
			but who		offered
			is not		
			your		
			friend		
1 Marijuana					
1. Ivianjuana					
2. Cocaine					
2 Gradi					
5. Crack					
4. Ecstasy					
5 150					
6. Heroin					

## ST.5. TOBACCO/CIGARETTES

56. Have you ever smoked cigarettes <i>in your</i>				57. Ho	ow old were y	ou when you smoked
<u>lifetime</u> ?			cigarettes for the <u>first time in your life</u> ?			
	1.YES					
	2.NO	(Go to #62)			Years old	
58. When was the first time you smoked			59. Ha	ve you smoked	cigarettes over the	
cią	garettes?			past 12	<u>2 months</u> ?	C
	1. Never			1	.YES	
	2. Over the past 30 days			2	.NO	(Go to #62)
	3. More than one month ago, but less than one year ago					
	4. More than one ye	ear ago				

60. Have you smoked cigarettes over the past 30 days?	61. About how many cigarettes a day have you smoked over the past 30 days?
1.YES	Number of cigarettes per day:
2.NO (Go to #62)	1. From 1 to 5
	2. From 6 to 10
	3. From 11 to 20
	4. More than 20

#### ST.6. ALCOHOL

<b>62. Have you ever drunk alcoholic beverages</b> <b>in your lifetime?</b> ( <i>Consider wine, beer or hard</i> <i>liquor such as, rum, vodka, Smirnoff ice etc.</i> <i>Do not include any time when your</i> <i>parents/guardian(s) gave you a sip of alcohol</i> <i>to taste</i> )				63. Ho alcohol life? (Do no guardia	bw old were yo lic beverages for t include any tim an(s) gave you a s	<b>u when you drank</b> <b>the first time in your</b> <i>e when your parents/</i> <i>ip of alcohol to taste)</i>
	1.YES 2.NO	(Go to #73)			Years old	
64. When was the <u>first time</u> you drank alcoholic beverages?				65. Hav	ve you drunk any e <u>past 12 months</u>	y alcoholic beverages ?
	<ol> <li>Never</li> <li>Over the past 30</li> </ol>	days		1.	YES	
	<ol> <li>More than one release than one yea</li> <li>More than one yea</li> </ol>	nonth ago, but r ago ear ago		2.	NO	(Go to #73)

66. Have you drunk alcoholic beverages	67. Where do you most often drink alcohol?						
over the <u>past 30 days</u> ?	(Tick only one (1) response)						
1.YES           2.NO	1. At home       2. At school       3. On the block						
	4. At a friend's house						
	5. At sporting events						
	6. At other social events						
	7. Other						
68. From whom/where do you usually get	69. How many days, over the past 30 days,						
alcohol? Tick only one (1) response)	have you taken too much to drink and have						
	gotten drunk?						
1. Friends	Number of						
2. Parents/Guardians	days						
3. Brother/Sister							
4. Other relatives							
5. Street vendor							
6. Shop							
7. Other							
70. Over the past 30 days, what type of alcoholic beverage did you drink and how often?         (Mark with an X only that option that corresponds to each alcoholic beverage)							

	1. Daily	2. Several days of the week	3. Weekends	4. A few times during the month	5. Never
1. Beer					
2. Wine (red label, etc.)					
3. Hard liquor (rum, whisky, vodka, brandy, magnum, Smirnoff ice, etc.)					

71. Over the past two weeks, how many times have you consumed five (5) or more alcoholic drinks in one (1) sitting?	72. Just focusing on the past month, about how much money did you end up spending on buying alcoholic beverages?
1. Not once	
2. Only once	
3. Between 2 and 3 times	
4. Between 4 and 5 times	
5. More than 5 times	

#### ST.7. LIFETIME PREVALENCE AND AGE OF FIRST USE

73. Have you ever consumed any of these substances INDICATE THE ANSWER FOR EACH DRUC you answer 'YES' to any drug, please indicate ag drug in Question 74 in the column to the right.	74. Age at first use?		
	NO	YES	<b>→</b>
1. Tranquilizers without medical prescription			Years old
2. Stimulants without medical prescription			Years old
3. Inhalants (e.g. Glue, Diesel, Fuel, other Solvent	s)		Years old
4. Marijuana			Years old
5. Coca paste			Years old
6. Cocaine			Years old
7. Heroin			Years old
8. Opium			Years old
9. Morphine			Years old

	1	
10. Hallucinogens		Years old
11. Hashish		Years old
12. Crack		Years old
13. Ecstasy		Years old
14. Other drugs:		Years old

## ST.8. PREVALENCE YEAR, MONTH, INCIDENCE, FREQUENCY OF USE

#### INHALANTS

75a. inha Solv	When was the first time you tried alants (e.g. Glue, Diesel, Fuel, other rents)?1.I have never used inhalants (Go to #76a)2. Over the past 30 days3. More than one month ago, but less than one year ago4. More than one year ago	75b. Have you used inhalants at least once over the past 12 months?         1.YES         2.NO (Go to #75e)
75c.	How often have you used inhalants?	75d. Have you used inhalants at least once over the past 30 days?
	1. Just once	1 YFS
	2. Several times over the past 12 months	2 NO
	3. Several times a month	2.1.10
	4. Several times a week	
	5. Every day	
75e.	Have you ever sniffed inhalants such as	
glue get l	, whiteout, paint, thinner, etc. in order to nigh?	
	1. Yes	
	2. No	

#### MARIJUANA

76a. When was the <u>first time</u> y marijuana?	ou ever smoked	76b onc	. Have you smoked marijuana at least e over the <u>past 12 months</u> ?
1.I have never smoked mar	ijuana (Go to #		1.YES
77a)			2.NO(Go to #77a)
2. Over the past 30 days			
3.More than one month ago one year ago	o, but less than		
4.More than one year ago			

76	c.How often have y	ou smoked marijuan	a?	76d. Have you s once over the pas	moked marijuana at least <u>st 30 days</u> ?		
	1. Just once						
	2. Several times over the past 12 months			$\frac{1}{2} NO  (Co to \#76h)$			
	3. Several times a	a month					
	4. Several times a	a week					
	5. Every day						
76 ma	76e. Where do you most often use76marijuana?ge		if. From whom/whe at marijuana?	re do you usually			
	1. At home	2. At a friend's house		1. Friends	2. Other relative(s)		
	3. At school	4. At sporting events		3. Parents	4. Street pusher		
	5. On the block	6. At other social events		5. Brother/Sister	6. Other		
	7. Other						

76g. Just focusing on the past month, all	76g. Just focusing on the past month, about				
how much money did you end up spendin	g on				
buying marijuana?					
76h. Over the PAST 12 MONTHS, how	1. Never	2.	3.	4.	5.
often has any of the following described		Rarely	F	Fairly	Very
below happened to you?			From	often	often
			time to		
			time		
a) Have you ever smoked marijuana before					
noon?					
b) Have you ever smoked marijuana when					
you were alone?					
c) Have you ever had memory problems					
when you smoked marijuana?					
when you shloked marjuana.					
d) Have friends or members of your family					
ever told you that you should reduce or					
stop your marijuana use?					
a) Have you ever tried to reduce or stor					
e) have you ever the to reduce of stop					
your marijuana use without succeeding?					
f) Have you ever had problems because of					
your use of marijuana (argument, fight,					
accident, bad result at school, etc.)?					

## COCAINE

77a.	When was the <u>first time</u> you ever tried o	ocaine?	77b. Have you used cocaine at least
	1. I have never used cocaine (Go to #78a)		once over the <u>past 12 months</u> ?
	2. Over the past 30 days		2. NO (Go to #78a)
	3.More than one month ago, but less than one year ago		
	4.More than one year ago		
77c.	How often have you used cocaine?		77d. Have you used cocaine at least once over the past 30 days?
	1. Just once		1.YES
	2. Several times over the past 12 months		2 NO (Go to #78a)
	3. Several times a month		
	4. Several times a week		
	5. Every day		
77e.	From whom/where do you usually ge	t 77f. J	ust focusing on the past month, about
coca	ine?	how 1	nuch money did you end up spending
Mar	k with an X all those checkboxes the		
corr	espond		
	1. Friends		
	2. Parents		
	3. Brother/Sister		
	4. Other relative(s)		
	5. Street pusher		
	6. Other		

## CRACK

78a.	When was the <u>first time</u> you ever tried	l crack	κ?	78b. Have you used crack at least once over the past 12 months?
	1. I have never used crack (Go to #79a)			
	2. Over the past 30 days			2. NO(Go to #79a)
	3. More than one month ago, but less that one year ago	an		
	4. More than one year ago			
78c.	How often have you used crack?			78d. Have you used crack at least once over the past 30 days?
	1. Just once			
	2. Several times over the past 12 months	S		2.NO (Go to #79a)
	3. Several times a month			
	4. Several times a week			
	5. Every day			
78e.	From whom/where do you usually	get 7	78f. ,	Just focusing now on the past month,
crac	k?	8	abou	t how much money did you end up
Mar	k with an X all those checkboxes	that s	spen	aing on buying crack?
corr	espond			
	1. Friends			
	2. Parents			
	3. Brother/Sister			
	4. Other relative(s)			
	5. Street pusher			
	6. Other			

#### ECSTASY

7: E	9a. cst	When was the <u>first time</u> you ever tri asy?	ed
		1. I have never used Ecstasy	
		2. Over the past 30 days	
		3.More than one month ago, but less than one year ago	
		4.More than one year ago	

80a. When was the <u>first time</u> you ever tried HYDRO?	80b. Have you used HYDRO at least once over the past 12 months?
1. I have never used seasoned HYDRO (Go to #81a)         2. Over the past 30 days         3.More than one month ago, but less than	1.YES           2.NO (Go to #81a)
4.More than one year ago 80c. How often have you used HYDRO?	80d. Have you used HYDRO at least once over the past 30 days?
1. Just once2. Several times over the past 12 months3. Several times a month4. Several times a week5. Every day	1.YES         2.NO

81a. When was the <u>first time</u> you ever tried tranquilizers without medical prescription?

Consider drugs such as Alprazolam, Diazepam (Valium), Flunitrazepam (Rohypnol), Chlordiazepoxide (Librium) or similar.

1.I have never used prescription drugs without prescription (Go to #82a)				
2. Over the past 30 days				
3.More than one month ago, but less than one year ago				
4.More than one year ago				
81b. Have you used tranquilizers at least once without medical prescription over the <u>past 12</u> <u>months</u> ?	81c. Have you used tranquilizers without medical prescription at least once over the past 30 days?			
1.YES	1.YES			
2.NO (Go to #81e)	2.NO (Go to #81e)			
81d. Over the <u>past 30 days</u> , how many days did you use tranquilizers without medical prescription?	81e. How did you have access to the tranquilizers that you consumed?			
(insert no. of days)	1. From a medical doctor or other licensed medical practitioner			
Number of days	2. In the street			
	3. At home			
	4. From a friend			
	5. At the pharmacy			
	6. Other			

82a. When was the first time you ever tried stimulants without a medical prescription?

Consider drugs such as Methylphenidate (Ritalin), Phenmetrazine (Preludin or Adepsin), Amphetamines (Adderall), Dextroamphetamine (Dexedrine, DextroStat), Pemoline (Cylert) or similar

	1.I have never used over-the-counter stimulants (Go to #83)					
	2. Over the past 30 days					
	3.More than one month ago, but less than one year ago					
	4.More than one year ago					
82b. Have you used stimulants at least once over the <u>past 12 months</u> ?		82c. Have you used over-the-count stimulants at least once over the past 3 days?				
	1.YES 2.NO (Go to #82e )	1.YES 2.NO (Go to #82e)				
82d. Over the <u>past 30 days</u> , how many days did you use stimulants without a medical prescription?		82e. How did you get the stimulants you used?				
	Number of	1. From a medical doctor or other				
	davs	licensed medical practitioner				
		2. In the street				
		3. At home				
		4. From a friend				
		5. At the drugstore				
		6. Other				

#### **ST.9. USE-RELATED RISKS**

83. Over the PAST 12 MONTHS, how	1.	2. Rarely	3.	4.	5.
often have you experienced or been in	Never	/Seldom	Sometimes		Almost
the following situations because of				Often	always
drinking alcohol or using illicit drugs?					5
a) Getting a low grade on an important					
test/ exam or school project					
b) Getting into some kind of trouble with					
the police					
c) Getting into any angry argument or					
fight					
iigiit					
d) Memory loss					
e) Problems with your family/relatives/					
households					
f) Having someone taking sexual					
advantage of you.					
g) Taking sexual advantage of someone.					
h) Trying <b>without success</b> to stop					
drinking alcohol or taking illicit drugs					
i) Self-harm (such as self-cutting,					
burning, hitting, etc.)					
i) Seriously thinking about committing					
j) Seriously uniking about commuting					

#### ST.10. ACCURACY OF YOUR STATEMENT

84. If you tried marijuana once in your lifetime, would you say so in this questionnaire?	85. If you tried crack once in your lifetime, would you say so in this questionnaire?
1. Yes, I have just said so         2. Definitely yes         3. Probably yes         4. Probably no         5. I would definitely not say so	1. Yes, I have just said so2. Definitely yes3. Probably yes4. Probably no5. I would definitely not say so

#### ST.11.

86. Have you ever injected drugs such as Heroin, cocaine, crack, or steroids?	87. When you last injected, what was done with the used syringe/needle?		
1.YES			
2.NO (Go to #89 )	1. I threw it away		
	2. I kept it to reuse it		
	3. I gave it to someone else to use it		
	4. Something else, please		
	specify:		
	5. I do not know/ do not recall		

88a. Do you clean used needles/syringes that were given to you?	88b. If so, how often do you clean them?		
1.YES           2.NO	1. Always       2. Frequently       3. Infrequently		

# **89.** Do you and/or your partner use a condom every time you have sex?

1. Yes

2. No

3. I do not have sex